

## GYMTRAC WB 2311 ADJUSTABLE BENCH GT WITH SQUAT STAND COMBO

### SPECIFICATIONS :

- Complete workout setup
- Workout: 6 level Incline, Decline, Flat positions and Squat Exercises
- Workout: Exercises including bench press, should press, dumbbell curls, sit-ups/crunches, dips and more
- Target Muscles: Chest, Legs, Biceps, Shoulder, Back and many more
- Bench can be attached and detached from the squat stand very easily
- Wheels and handle on the bench makes it easy to move
- Premium design and finish
- Powder coated

