

## ADJUSTABLE RESISTANCE TUBE WITH D HANDLES JF-1100 (MEDIUM)

### SPECIFICATIONS :

Vector X Unisex Resistance Bands:

- Adults can use the exercise band for any exercise to tone the arms, legs, thighs and butt
- It offers the versatility and quality that you need for your best workout
- You can use it to increase cardio, build muscle, lose weight and enhance flexibility

