

BODY LINE

Inspiring Fitness

www.bodylinesports.co.in

VIVATM
FITNESS

PUSH YOURSELF

www.vivafitness.net



**STAY FIT.
ACCOMPLISH
MORE.**

Paul Jackson

PRODUCT CATALOGUE 2022- 2023

www.vivafitness.net

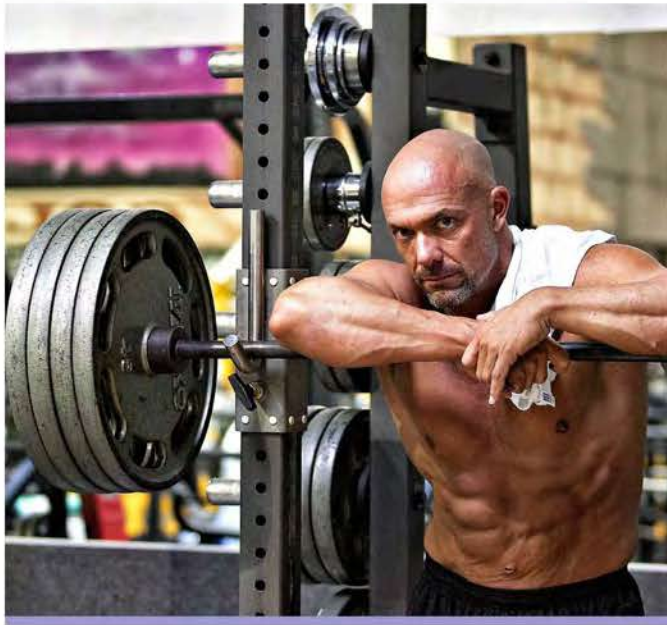
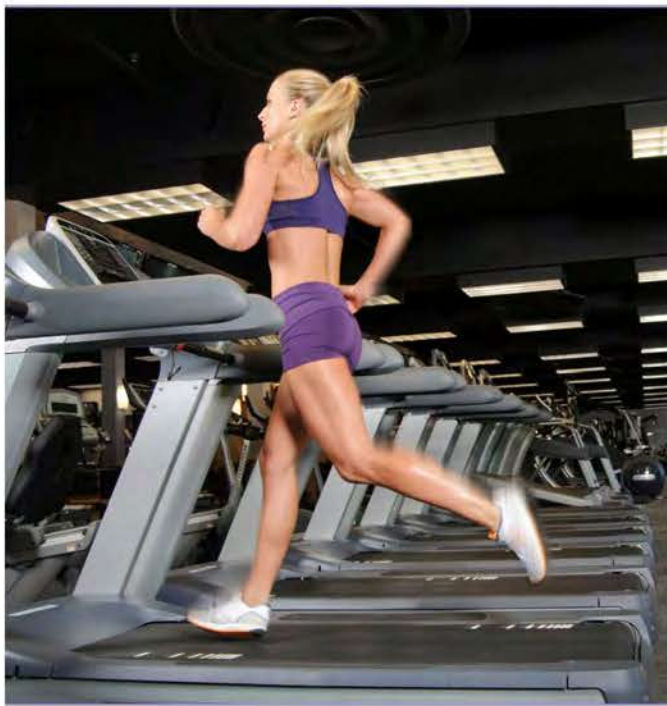


'Thoughts become things' when you leave the realm of average thinking and follow your dreams by applying the right decision, driven by your mind. Fitness is a 'state of mind', which needs constant trigger to put ones thought into action.

Every action needs a reason for accomplishing it. Staying fit manifests in the physicality and inner well-being which everyone aspires. Every time you make a resolve and step-up your fitness goals, life gets the better of you and positive thoughts lead to positive outcomes.

VIVA Fitness is an accomplished brand in the world of fitness equipment, designed for both commercial and home use. It thrives on the belief that with the right set of tools, a fitter person is better off in accomplishing his personal and professional goals.





VIRTUAL X

COMMERCIAL TREADMILL



SPECIFICATIONS

- 21.5" capacitive touch screen
- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- 23" x 64" running surface.
- Speed : 1~20 kmph.
- Precise incline control from 0~15%.
- With intelligent inverter that detects speed variation and adjust automatically.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- With cordless mobile charger.
- Heavy duty reliable 2 ply commercial grade German Siegling running belt.
- Large sized twin cup holder with a built-in tray.
- Emergency stop button.
- Sweat proof console design.
- Maximum User Weight : 180 Kgs.
- LXWXH : 223X95X160 CM.



GENESIS 9i

COMMERCIAL TREADMILL



SPECIFICATIONS

- 27" capacitive touch screen with 1920x1080 HD resolution display.
- Supports Wi-Fi connection and web browsing.
- Durable AC motor driving system with over-current, short-circuit and comprehensive protection function
- 5.0 HP AC continuous (10.0 HP Peak) motor.
- 25" x 67" running surface.
- Speed : 1~25 kmph.
- Precise incline control from -3~18%.
- **Unique - 3% declinable deck.**
- Equipped with an automatic lubrication system.
- Direct speed & incline keys on the console.
- Built-in 24 motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- **With cordless mobile charger.**
- Heavy duty reliable 2 ply commercial grade German Siegling running belt.
- Large sized twin cup holder with a built-in tray.
- Emergency stop button.
- Sweat proof console design.
- Maximum User Weight : 200 Kgs.
- LXWXH : 221X98X176 CM.



T6000

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 5.0 HP AC continuous (10 HP Peak) motor.
- 22.5" x 64" running surface.
- Speed 1~25 kmph.
- Precise incline control from 0~20%.
- 16 x 24 cm Dot Matrix & alpha numerical display showing time, speed, distance, incline, calories & heart rate
- Direct speed & incline keys on the console
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees and joints.
- Heavy duty reliable orthopaedic running belt.
- Built in speakers
- Sweat proof console design.
- Two Cup / Mobile Holders.
- Maximum User Weight : 200 Kgs.
- LXWXH : 218X97X163 CM

INNOVATIVE FEATURES



End cap & roller protect guide

- End cap installed with safety device for protection of user.



Safe key

- The emergency key with clip
- The user can also push center emergency button.



Grip

- Big, wide and smooth handle feel.
- Wide space structure so that user can work out freely and easily.
- Polyurethane sweat proof material.



Heart rate

- Intelligent heart rate system.
- Comfortable measure of heart rate.



Frame

- Steady elevation system.
- Minimum noise system.
- Advance technology for stable and durable frame.



GENESIS 9

COMMERCIAL TREADMILL



SPECIFICATIONS

- 7 window bright LED display.
- Durable AC motor driving system with over-current, short-circuit and comprehensive protection function
- 5.0 HP AC continuous (10.0 HP Peak) motor.
- 25" x 67" running surface.
- Speed : 1~25 kmph.
- Precise incline control from -3~18%.
- **Unique - 3% declinable deck.**
- Equipped with an automatic lubrication system.
- Direct speed & incline keys on the console.
- Built-in 24 motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- **With cordless mobile charger.**
- Heavy duty reliable 2 ply commercial grade German Siegling running belt.
- Large sized twin cup holder with a built-in tray.
- Emergency stop button.
- Sweat proof console design.
- Maximum User Weight : 200 Kgs.
- LXWXH : 221X98X176 CM.



T5555*Signature Series***COMMERCIAL TREADMILL**

Intuitive LED console display with one-touch speed and incline keys.



Continuous multi-grip handlebars offer runner with countless hand-position options



A-Zone allows runners make quick and easy choices.



The bright lights underneath the handlebar indicate the treadmill's status by different colors.

SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 5.0 HP AC continuous (10.0 HP Peak) motor.
- 22.5" x 60" running surface.
- Speed 1~25 kmph.
- Precise incline control from 0~15%.
- 7 window LED display with dot matrix showing time, speed, distance, incline, calories, pace, heart rate etc.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick reversible running deck.
- Heavy duty reliable orthopaedic 2.3mm running belt.
- Large sized, twin cup holder with a built in tray to hold your ipad, mobile phone or magazine.
- With USB charger.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.
- LXWXH : 211X95X157 CM



T2222

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- 21.5" x 62" running surface.
- Speed 1~25 kmph.
- Precise incline control from 0~15%.
- 7 LED display with dot matrix showing time, speed, distance, incline, calories, & heart rate.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone, MP3 and ipod.
- High speed O² generator.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.
- LXWXH : 214X93X137 CM.



T3300

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.5 HP AC continuous (9.0 HP Peak) motor.
- 24" x 65" running surface.
- Speed 0.8~25 kmph.
- Precise incline control from -3~18%
- **Unique -3% declinable deck**
- 6 LED display with dot matrix showing time, speed, distance, incline, calories, heart rate, steps, pace & average speed .
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone,
- With USB charging point.
- High speed O² generator.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.
- LXWXH : 221X103X168 CM



T2500

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system provides higher torque of power for heavy loading.
- 4 HP AC continuous (8.0 HP Peak) motor.
- 23"x 62" running surface.
- Speed range 0.8~25 kmph.
- Precise incline control from -3~15%.
- **Unique - 3% declinable deck.**
- Clear and luxurious design, 6 window LED display showing time, speed, distance, incline, calories, heart rate and matrix running.
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees & joints.
- Heavy duty 3.1mm reliable orthopaedic running belt.
- Machine automatically reminds for lubrication.
- MP3 connectivity with speakers.
- Sweat proof console design.
- Two cup / bottle holders.
- Maximum user weight: 180 kg.
- LXWXH : 219X96X158 CM



T2400

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system provides higher torque of power for heavy loading.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- 23" x 64" running surface.
- Speed 1~20 kmph.
- Precise incline control from 0~20%.
- Clear & luxurious design - 7 window white LED display showing time, speed, distance, incline, calories, heart rate & matrix running.
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees and joints.
- Heavy duty 2.5mm reliable orthopaedic running belt.
- Mp3 & USB port connectivity with speakers.
- Sweat proof console design.
- Two cup / bottle holders.
- Maximum User Weight : 180 Kgs.
- LXWXH : 214X96X160 CM.



T2121

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system provides higher torque of power for heavy loading.
- 5.0 HP AC continuous (10.0 HP Peak) motor.
- 24"x 65" running surface.
- Speed range 1~25 kmph.
- Precise incline control from 0~18%.
- Clear and luxurious full LED design showing time, speed, distance, incline, calories, heart rate and matrix running.
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned 8 elastomer shock absorbing deck that provides suitable push off to reduce the possibility of any type of injury to knees & joints.
- Heavy duty reliable orthopaedic running belt.
- Inbuilt speakers with MP3 & USB connector.
- Sweat proof console design.
- Two cup / bottle holders.
- Maximum user weight: 180 kg.



T2525

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.5 HP AC continuous (9.0 HP Peak) motor.
- 23" x 67" running surface.
- Speed 1~22 kmph.
- Precise incline control from 0~15%
- 7 LED display with dot matrix showing time, speed, distance, incline, calories, heart rate, steps.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone.
- With USB charging point.
- MP3 connectivity with speakers.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 180 kg.
- LXWXH : 228X104X162 CM.



T2323

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency
- 4.0 HP AC continuous (8.0 HP Peak) motor
- Speed : 1~25 kmph
- Precise incline control from 0 ~25%
- 24" x 64" running surface
- 7 window with white LED showing time, speed, distance, incline, calories & heart rate.
- Direct speed & incline keys on the console
- Built in speakers & iPod/MP3 axillary jack/USB slot
- Various motivating programs for different workout requirements
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees and joints
- Heavy duty reliable orthopedic running belt
- Emergency stop button
- Sweat proof console design
- Two Mobile/Bottle Holders
- Maximum User Weight : 150 Kgs
- LXWXH : 222X100X158 CM.



X10

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- 23" x 62" running surface.
- Speed 0.8~20 kmph.
- Precise incline control from 0~18%
- **With cordless mobile charger.**
- 5 LED display with dot matrix showing time, speed, distance, incline, calories, heart rate, steps, pace & average speed .
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension.
- 1" thick fibre board running deck.
- Heavy duty reliable orthopaedic running belt.
- Large sized, twin cup holder with a built in tray to hold your mobile phone,
- With USB charging point.
- High speed O² generator.
- Emergency stop button.
- Sweat proof console design.
- Maximum user weight: 160 kg.
- LXWXH : 209X88X163 CM



T1900

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency
- 5.0 HP AC continuous (10.0 HP motor Peak)
- 62" x 24" running surface
- Speed : 1~20 km/h
- Precise incline control from 0~20%
- 7 LED display with dot matrix showing time, speed, distance, incline, calories, & heart rate
- Direct speed & incline keys on the console
- Various motivating programs for different workout requirements
- **Extra heavy duty steel base with double cell neoprene rubber system for excellent suspension**
- 1" thick fibre board
- Heavy duty reliable orthopaedic running belt
- Large sized, twin cup holder with a built in tray to hold your mobile phone, MP3 and iPod
- Emergency stop button
- Sweat proof console design
- Maximum User Weight : 200Kgs
- LXWXH : 205X95X160 cms



T1919

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system provides higher torque of power for heavy loading
- 3.5 HP AC continuous (7.0 HP Peak) motor
- 23.6" x 63" running surface
- Speed 1~22 kmph
- Precise incline control from 0~15%
- Clear & luxurious design, 6 window LED display showing time, speed, incline, calories, distance, program & heart rate
- Various motivating programs for different workout requirements
- 6 PCS rubber cushion for excellent shock absorption that provides suitable push off to reduce the possibility of most of injury to knees and joints
- Heavy duty 2.5mm reliable orthopedic running belt
- MP3 connected with speakers, blue tooth music and Fit show App
- Sweat proof console design
- Two cup / bottle holders
- Maximum User Weight: 180 kgs
- LXWXH : 201X92X159 CM.



X8

COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 4.0 HP AC continuous (8.0 HP Peak) motor.
- Speed : 1~20 kmph.
- Precise incline control from 0 ~15%.
- 21" x 58" running surface.
- Multi window display showing time, speed, distance, incline, calories & heart rate.
- Direct speed & incline keys on the console.
- Various motivating programs for different workout requirements.
- Double phenolic heavy cushioned deck for excellent shock absorption that provides suitable push off to reduce the possibility of any type of injury to knees and joints.
- Heavy duty reliable orthopedic running belt.
- Emergency stop button.
- Sweat proof console design.
- Two Mobile/Bottle Holders.
- Maximum User Weight : 150 Kgs.
- LXWXH : 216X92X151 CM.



OMEGA 5

LIGHT COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 3.0 HP AC continuous (6.0 HP Peak) motor.
- Speed : 1~18 kmph.
- Precise incline control from 0 ~18%.
- 20.5" x 60" running surface.
- Multi window LED display showing time, speed, distance, incline, calories, heart rate etc.
- MP3 connectivity with speakers.
- Various motivating programs for different workout requirements.
- High speed O² generator.
- Heavy duty reliable orthopedic running belt.
- Emergency stop button.
- Sweat proof console design.
- Two Mobile/Bottle Holders.
- Maximum User Weight : 135 Kgs.
- LXWXH : 200X86X150 CM.



OMEGA 6

LIGHT COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency
- 3.0 HP AC continuous (6.0 HP Peak) motor
- Speed : 1~22 kmph
- Precise incline control from 0 ~15%
- 22" x 62" running surface
- Large LCD display showing time, speed, distance, incline, calories, heart rate etc.
- Various motivating programs for different workout requirements
- Heavy duty reliable orthopaedic running belt
- Emergency stop button
- High speed O² generator
- USB input and headphone jack available
- Sweat proof console design
- Two Mobile/Bottle Holders
- Maximum User Weight : 135 Kgs
- LXWXH : 197X89X142 CM.



X5

LIGHT COMMERCIAL TREADMILL



SPECIFICATIONS

- AC driving system with adjustable variable frequency.
- 3.0 HP AC continuous (6.0 HP Peak) motor.
- Speed : 1.5 ~ 18 KMPH.
- Incline : 0~15%.
- Running surface : 21 x 59 Inches.
- Readout :- time , speed, distance, incline, calories and program.
- Mp3 system.
- Built in speakers.
- 9 pre set program.
- **Unique deck system : soft in the front, medium in the center and hard in the end.**
- It protects the joints from injury and provide a good feeling while running.
- Heavy duty running belt.
- Maximum User Weight 135 kgs.
- LXWXH : 196X83X139 CM



T6666

CURVEMILL



SPECIFICATIONS

- Innovative curved deck with durable rubber belt having aluminum base.
- Non motorized technology.
- Comes with detachable waist strap that allows variety of pulling & pushing exercise.
- Display showing : distance, time, speed, pulse, calories & body fat.
- Exercise description : run, power walk, lateral shuffle & low push.
- With 6 resistance levels.
- Highly durable treadmill with low maintenance cost.
- Ideal for core strength & interval training.
- Long hand rails for maximum safety.
- 195 kgs heavy duty stable steel structure.
- Noise below 80 DB.
- Maximum user weight 200 kg.
- LXWXH : 202X96X151 CM.



MANUAL

LCD

T6363

CURVEMILL



SPECIFICATIONS

- Innovative curved deck with durable nylon belt.
- Non motorized technology.
- Display showing : distance, time, speed, pulse, calories & body fat.
- Exercise description : run, power walk, lateral shuffle & low push.
- With 6 resistance levels.
- Highly durable treadmill with low maintenance cost.
- Ideal for core strength & interval training.
- Long hand rails for maximum safety.
- Maximum user weight 150 kg.
- LXWXH : 200X90X153 CM.



MANUAL

LCD

T007

INCLINE TRAINER



SPECIFICATIONS

- Unique patented Decline to Incline running deck -0.5 ~ 40%.
- Ideal for special training of army, professional sports etc.
- AC driving system with adjustable variable frequency.
- 3.0 HP AC continuous (6.0 HP Peak) motor.
- Speed : 1~20 kmph.
- 21.5" x 61" running surface.
- 7" large window LED display showing time, speed, distance, incline, calories, heart rate etc.
- MP3 connectivity with speakers.
- Various motivating programs for different workout requirements.
- High speed O² generator.
- Heavy duty reliable orthopedic running belt.
- Emergency stop button.
- Sweat proof console design.
- Two Mobile/Bottle Holders.
- Maximum User Weight : 150 Kgs.
- LXWXH : 179X112X202 CM



T008

MOUNTAIN TRAINER



SPECIFICATIONS

- Heavy duty structure.
- Ideal for special training. For ex. professional sports, army etc.
- Large LCD display showing time, speed, distance, calories, heart rate etc.
- Sweat proof console design.
- With adjustable magnetic resistance system.
- Extra 100 kgs weight plates can be added to increase the load.
- Maximum User Weight : 150 Kgs.
- LXWXH : 179X148X149 CM



MANUAL

LCD

KH6050

FULL BODY TRAINER



CLIMBING STRIDE



ELLIPTICAL STRIDE



RUNNING STRIDE



SPECIFICATIONS

- New patented technology that offers user to choose between Climbing/Elliptical/Running/Bike stride
- LED dot matrix showing time, speed, distance, calories, RPM, pulse, watt & resistance
- Various motivating programs for different workout requirements
- Multi grip handle bar
- Variable stride length from 28" to 38" accommodating users of different heights
- Large pedals with toe caps for extra comfort
- Resistance Level : 0-16
- Reinforced frame for extra strength
- The large drink & accessories shelf is conveniently located with easy access while working out
- Maximum User Weight : 180 kgs
- LXWXH : 203X108X174 CM.



E5555***Signature Series*****COMMERCIAL ELLIPTICAL TRAINER**

Intuitive LED console display with multi programs.



Ergonomic multi-grip handles with heart rate and colored resistance control Keys.



Stainless steel platform for easy entry and exit.

SPECIFICATIONS

- New patented technology with 21" stride.
- 6 window LED display with dot matrix showing time, speed, distance, calories, pace, heart rate etc.
- Offers various motivating programs for different workout requirements.
- Ergonomic multi position dual action handle bars.
- Large and impact-absorbing pedals (**with cushioned gel pads**) provide gentle movement to reduce lower back stress.
- Power: Self Generator.
- Low maintenance and space-saving design.
- Resistance level : 20
- With USB charger.
- Handle bar control.
- Large sized, twin cup holder with a built in tray to hold your ipad, mobile phone or magazine
- Maximum user weight: 180 kg.
- LXWXH : 191X87X180 CM



KH3060

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

DRIVE

- Rear-drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level.
- Ergonomic multi position dual action handle bars.
- Large and impact-absorbing pedals (with cushioned gel pads) provide gentle movement to reduce lower back stress.
- Self- powered system, low maintenance design and space-saving deliver a fast return of investment.
- Power : Generator.
- Resistance level : 20

MONITOR

- Heart rate control programs provide user a challenging training.
- Multi readout summarizes workout result every minute, displays time used, distance covered, burned calories, watt and mets achieved.
- Reliable sweat-proof construction keeps console in demanding commercial environment.

SPECIAL FEATURES

- Offers various motivating programs for different workout requirements.
- Large LED's and intuitive keystroke permit easy-to-operation interface for change and monitor.
- Quick start key allows commencing exercise with a touch of button.
- Display function is switchable for feedback of Level, Watt, Mets and Pulse.
- Cup holder with towel handle.
- Maximum user weight : 180 kg.
- LXWXH : 218X74X161 CM.



KH2065

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

DRIVE

- Two stage drive with poly V-belt.
- Resistance System : New Technology silent programmable magnetic resistance system.
- Resistance Level : 36 Levels.

MONITOR

- Advanced computer with 7" LCD blue Back-Lit screen.
- Display readouts : Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts.
- 14 Programs, including 10 Manual, 4 HRC & 2 User set.

SPECIAL FEATURES

- 20 inches long stride for ultimate workout.
- Both forward and reverse motions offer various workout options.
- Low impact workout.
- Comfy over-sized, non-slip pedals.
- Hand-held pulse sensors.
- Dual action handlebars with high density foam grips.
- Built-in speakers & Ipad / MP3 auxillary jack.
- Ipad / Ipod charging station.
- High speed circulation fan that allows the user to stay cool during workout.
- Accessory tray & built-in reading rack.
- Transport wheels.
- Adjustable Floor Levelers.
- Built-in Receiver.
- Maximum User Weight : 180 Kgs.
- LXWXH : 217X71X163 CM.



KH4080

OCTAVIA



- SPECIFICATIONS**
- LED dot matrix showing time, speed, distance, calories, RPM, pulse, watt & resistance.
 - Various motivating programs for different workout requirements.
 - Multi grip handle bar.
 - 20" stride length.
 - 14kgs flywheels.
 - Cushioned paddles for extra comfort.
 - Console includes fan & bluetooth .
 - Re-inforced frame for extra strength.
 - With bottle holder.
 - Maximum User Weight : 140 Kgs.



E600

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- LED dot matrix console readouts: INCLINE, TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, FAN etc.
- Various motivating programs for different workout requirements.
- Level Control : 20 resistance levels.
- With 15 level power incline.
- 500mm x 220mm unique stride length.
- 12 kgs flywheel.
- Both forward & reverse motions offer various workout options
- Hand held pulse sensors enable to monitor the heart rate all times.
- Mp3 with speaker and USB charger.
- With O2 generator and bottle holder.
- Unique durable floor levelers on front & rear stabilizer.
- With adaptor power system.
- Maximum user weight : 150 kg
- LXWXH : 215X77X194 CM.



KH2055

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

DRIVE

- Front-drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level.
- Large and impact-absorbing pedals provide gentle movement to reduce lower back stress.
- Self- powered system, low maintenance design and space-saving deliver a fast return of investment.
- Striding distance : 500 mm (20").
- Power : Generator.
- Resistance level : 16.

MONITOR

- Heart rate control programs provide user a challenging training.
- Multi readout summarizes workout result every minute, displays time used, distance covered, burned calories, watt and mets achieved.
- Reliable sweat-proof construction keeps console in demanding commercial environment.

SPECIAL FEATURES

- Offers 4 programs and upto 16 resistance levels to keep fitness routine effective and fresh.
- Large LED's and intuitive keystroke permit easy to operate interface for change and monitor.
- Quick start key allows commencing exercise with a touch of button.
- Display function is switchable for feedback of Level, Watt, Mets and Pulse.
- Maximum user weight : 150 kg.
- LXWXH : 206X80X176 CM.



KH2050

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

DRIVE

- Rear-drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level.
- Large and impact-absorbing pedals provide gentle movement to reduce lower back stress.
- Self- powered system, low maintenance design and space-saving deliver a fast return of investment.
- Striding distance : 500 mm (20").
- Power : Generator.
- Resistance level : 16.

MONITOR

- Heart rate control programs provide user a challenging training.
- Multi readout summarizes workout result every minute, displays time used, distance covered, burned calories, watt and mets achieved.
- Reliable sweat-proof construction keeps console in demanding commercial environment.

SPECIAL FEATURES

- Offers 6 programs and upto 16 resistance levels to keep fitness routine effective and fresh.
- Large LED's and intuitive keystroke permit easy-to-operation interface for change and monitor.
- Quick start key allows commencing exercise with a touch of button.
- Display function is switchable for feedback of Level, Watt, Mets and Pulse.
- Maximum user weight : 150 kg.
- LXWXH : 196X72X146 CM.



KH2080

PROGRESSIVE MOTION TRAINER



SPECIFICATIONS

- LED dot matrix console readouts: TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, PROFILE etc.
- Various motivating programs for different workout requirements.
- Level Control : 20 resistance levels.
- 534mm x 195mm unique stride length.
- 12 kgs flywheel.
- Both forward & reverse motions offer various workout options.
- Hand held pulse sensors enable to monitor the heart rate all times.
- With bottle holder.
- Unique durable floor levelers on front & rear stabilizer.
- Maximum user weight : 150 kg.
- LXWXH : 202X75X174 CM.



KH2070

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- Rear-drive and dual handle arms enable smooth and engaging exercise, regardless of your fitness level.
- Large and impact-absorbing pedals provide gentle movement to reduce lower back stress.
- Self- powered system, low maintenance and space-saving design.
- Multi LED Dot matrix display.
- Various motivating programs for different workout requirements.
- Striding distance : 500 mm (20").
- Power: Generator.
- Resistance level : 15.
- Maximum user weight: 150 kg.
- LXWXH : 218x75x178 cm.



E200

COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- LED dot matrix console readouts: TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, FAN etc.
- Various motivating programs for different workout requirements.
- Level Control : 24 resistance levels.
- Dual Technology - resistance with both magnetic and air.
- 520mm x 240mm unique stride length.
- 8 kgs flywheel.
- Both forward & reverse motions offer various workout options.
- Hand held pulse sensors enable to monitor the heart rate all times.
- With ipad holder & bottle cage.
- Unique durable floor levelers on front & rear stabilizer.
- Transport wheels on the front stabilizer, providing easy movement to move the items.
- With adaptor power system.
- Maximum user weight : 150 kg.
- LXWXH : 162X65X180 CM.



KH585

COMMERCIAL ELLIPTICAL TRAINER

SPECIFICATIONS

Drive

- Rear Drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level
- Ergonomic multi position dual action handle bars
- Large & impact-absorbing pedals (with gel pads) provide gentle movement to reduce lower back stress
- Self-powered system, low maintenance design & space-saving deliver a fast return of investment
- Power : Generator
- Resistance level : 32

Monitor

- Heart rate control programs provide user a challenging training
- Multi readout summarizes workout result every minute, displays time used, distance covered, burned calories, watt and meters achieved.

Special Features

- Offers various motivating programs for different workout requirements
- Large LED's and intuitive keystroke permit easy to operate interface for change and monitor
- Quick start key allows commencing exercise with a touch of a button
- Display function is switchable for feedback of Level, Watt, Meters and Pulse
- Cup holder with towel handle
- Max User Weight :150Kgs
- LxWxH : 210x64x180 cms



KH825

LIGHT COMMERCIAL ELLIPTICAL TRAINER

SPECIFICATIONS

- Front-drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level.
- Long stride length for different user heights.
- Auto scan advanced computer with blue back-lit screen.
- Display Readouts : Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- 12 programs, including 1 manual, 2HRC, 1 body fat and 2 user set.
- With adapter power system.
- Hand-held pulse sensor.
- Aluminum upright beam.
- Hidden 3 pcs cranks inside crank cover for safety & good looking.
- Transport wheels.
- Adjustable floor levelers.
- Maximum user weight: 130 kg.
- LXWXH : 170X72X163 CM.



KH630

LIGHT COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- 20" long stride.
- 24 Level resistance.
- 5" LCD display readouts : Time, Distance, RPM, Speed, Calories, Pulse and Watts.
- Multiple programs available.
- Handheld pulse sensor.
- With adapter power system.
- Transport wheels.
- Adjustable floor levelers.
- Maximum User Weight : 130 Kgs.
- LXWXH : 172X72X164 CM

KH610

LIGHT COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- 20" long stride.
- 3 section manual incline.
- Blue backlight LCD display.
- Readouts: Time, speed, distance, calories, pulse, watt, program, bodyfat (height/weight/age) and level.
- Multiple programs including 1 Manual, 4 HRC, 1 Watt,
- 11 preset, 4 Users and 3 Fitness test.
- Handheld pulse sensor.
- Magnetic flywheel.
- With adapter power system.
- Resistance level - 24.
- Transport wheels.
- Adjustable floor levelers.
- Maximum User Weight: 130kgs.
- LXWXH : 176X68X179 CM

KH580

LIGHT COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- 18" long stride.
- Adjustable swing bar.
- LCD display readouts : Time, Distance, RPM, Speed, Calories, Pulse and Watts.
- Multiple programs including 1 Manual, 4 HRC, 3 Goal and 5 Users.
- Handheld pulse sensor.
- 30 cm fly wheel.
- Motor magnetic 24 level resistance.
- With adapter power system.
- Transport wheels.
- Adjustable floor levelers.
- Maximum User Weight : 130 Kgs.
- LXWXH : 165X60X163 CM.

KH595

LIGHT COMMERCIAL ELLIPTICAL TRAINER



SPECIFICATIONS

- Front Drive with long handle arms enabling smooth and engaging exercise regardless your fitness level
- With 3 level manual incline
- 20" Long stride length for different user heights
- Auto scan advanced computer with blue back-lit screen
- Display Readouts : time, distance, RPM, speed, level, calories, pulse & watts
- Magnetic brake with V-belt drive system
- With 7 kg flywheel
- With 3 pcs hidden crank system
- 16 levels tension control system
- Multiple programs, including 1 manual, 2 HRC, 1 body fat & 2 user set
- Hand held pulse sensor
- With adapter power system
- Transport wheels
- Adjustable floor levellers
- Maximum user weight : 130kgs
- LXWXH : 173X66X170 CM.



R5555**Signature Series****COMMERCIAL RECUMBENT BIKE**

Oversize intuitive LED console display with multi programs.



Ergonomic multi-grip handles with heart rate and colored resistance control Keys.



Contoured and ventilated mesh seat back for improved comfort and enhanced air flow.

SPECIFICATIONS

- 6 window LED display with dot matrix showing time, speed, distance, calories, pace, heart rate etc.
- Offers various motivating programs for different workout requirements.
- Ergonomic multi grip handles with heart rate & resistance control keys.
- Weighted pedals provide gentle movement to reduce lower back stress.
- Power: Self Generator.
- Low maintenance and space-saving design.
- Resistance level : 20
- 8 kg flywheel weight
- With USB charger.
- Large sized, twin cup holder with a built in tray to hold your ipad, mobile phone or magazine
- Maximum user weight: 180 kg.
- LXWXH : 168X64X150 CM.



KH3040

COMMERCIAL RECUMBENT BIKE



SPECIFICATIONS

DRIVE

- Two stage drive with poly V-belt.
- Resistance System : Self powered hybrid brake.
- Resistance Level : 20 Levels.

MONITOR

- 7 window dot matrix LED display.
- Display readouts : Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts.
- Various motivating programs for different workout requirements.

SPECIAL FEATURES

- Back cushion with various adjustable angles.
- The easy-to-operate adjustment bar to move the seat forward and backward.
- Walk-through design to get on / off easily.
- Accessory tray with cup holder.
- Seat handle bars with quick access resistance (+/-) keys and handheld pulse sensors.
- Adjustable pedal straps
- Aluminum upright beam
- Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- Adjustable floor levelers
- Built-in receiver
- Maximum User Weight : 180 kgs
- LXWXH : 165X64X138 CM.



KH2045

COMMERCIAL RECUMBENT BIKE



SPECIFICATIONS

DRIVE

- One stage drive with poly V-belt.
- Resistance System : Self powered generator brake.
- Resistance Level : 36 Levels.

MONITOR

- Advanced computer with 7" LCD blue Back-Lit screen.
- Display readouts : Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts.
- 14 Programs, including 10 Manual, 2 HRC, 2 User set.

SPECIAL FEATURES

- Innovative back cushion with various adjustable angles.
- The easy-to-operate adjustment bar to move the seat forward and backward.
- Walk-through design to get on / off easily.
- Seat handle bars with quick handheld pulse sensors.
- Adjustable pedal straps.
- 3 piece cranks.
- Built-in speakers & Ipad / MP3 auxillary jack.
- Ipad / Ipod charging station.
- High speed circulation fan that allows the user to stay cool during workout.
- Accessory tray, built-in reading rack, rechargeable batteries.
- Transport wheels.
- Adjustable floor levelers.
- Built-in receiver.
- Maximum User Weight : 180 Kgs.
- LXWXH : 175X68X125 CM.



KH1140

COMMERCIAL RECUMBENT BIKE



SPECIFICATIONS

- Dot matrix LED display showing Pulse, Recovery, Time, RPM, Speed, Distance, Calories, Watt, Heart Rate & Resistance.
- With self generator system.
- 12 programs : 4 HRC, 3 goal, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- Ergonomic seat adjustment.
- With heart rate receiver.
- Hand grips with pulse sensor.
- Counter balance pedals.
- With bottle holder.
- Adjustable PU seat.
- Transport wheels.
- Maximum user weight: 150 kgs.
- LXWXH : 176X59X126 CM.



KH1040

COMMERCIAL RECUMBENT BIKE



SPECIFICATIONS

- LED display showing Pulse, Recovery, Time, RPM, Speed, Distance, Calories, Watt, Heart Rate and Resistance.
- With self generator system.
- 12 programs, including 1 manual, 4 HRC, 2 test, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- Ergonomic seat adjustment.
- With heart rate receiver.
- Hand grips with pulse sensors.
- Counter balance pedals.
- With bottle holder.
- Adjustable PU seat.
- Transport wheels.
- Maximum user weight: 140 kg.
- LXWXH : 163X65X152 CM.



KH575

COMMERCIAL RECUMBENT BIKE



SPECIFICATIONS

Drive

- Two stage drive with poly V-belt.
- Resistance System : Self powered hybrid brake
- Resistance Level : 32 Levels

Monitor

- 7 window dot matrix LED display
- Display readouts : Time, Distance, Speed, Level, Calories, Pulse and Watts
- Various motivating programs for different workout requirements

Special Features

- The easy-to-operate adjustment bar to move the seat forward and backward
- Walk-through design to get on / off easily
- Adjustable resistance levels
- Aluminum upright beam
- Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- With easy moving wheels
- Built-in receiver
- Maximum User Weight: 150 kgs
- LxWxH : 183x68x90 cms



U5555***Signature Series*****COMMERCIAL UPRIGHT BIKE**

Oversize intuitive LED console display with multi programs.



Ergonomic multi-grip handles with heart rate and colored resistance control keys.



Ergonomic single-hand seat adjustment makes easy to find the right position.

SPECIFICATIONS

- 6 window LED display with dot matrix showing time, speed, distance, calories, pace, heart rate etc.
- Offers various motivating programs for different workout requirements.
- Ergonomic multi grip handles with heart rate & resistance control keys.
- Weighted pedals provide gentle movement to reduce lower back stress.
- Power: Self Generator.
- Low maintenance and space-saving design.
- Resistance level : 20
- 8 kg flywheel weight
- With USB charger.
- Large sized, twin cup holder with a built in tray to hold your ipad, mobile phone or magazine
- Maximum user weight: 180 kg.
- LXWXH : 105X73X149 CM.



KH3020

COMMERCIAL UPRIGHT BIKE



SPECIFICATIONS

DRIVE

- Two stage drive with poly V-belt.
- Resistance System : Self powered hybrid brake.
- Resistance Level : 20 Levels.

MONITOR

- 7 window dot matrix LED display.
- Display readouts : Time, Distance, RPM, Speed, Level, Calories, Pulse and Watts.
- Various motivating programs for different workout requirements.

SPECIAL FEATURES

- Various seat height level adjustments.
- Accessory tray with cup holder.
- Adjustable pedal straps.
- Aluminum upright beam.
- Hidden 3 piece cranks inside crank cover for safety.
- Transport wheels.
- Adjustable floor levelers.
- Built-in receiver.
- Maximum User Weight : 180 kgs.
- LXWXH : 109X60X149 CM.



KH1120

COMMERCIAL UPRIGHT BIKE



SPECIFICATIONS

- Dot matrix LED display showing Pulse, Recovery, Time, RPM, Speed, Distance, Calories, Watt, Heart Rate and Resistance.
- With self generator system.
- 12 programs : 4 HRC, 3 goal, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- With heart rate receiver.
- Hand grips with pulse sensors.
- Counter balance pedals.
- With bottle holder.
- PU seat with adjustable height.
- Transport wheels.
- Maximum User Weight : 150 kg.
- LXWXH : 129X56X156 CM.



KH1120

COMMERCIAL UPRIGHT BIKE



SPECIFICATIONS

- Dot matrix LED display showing Pulse, Recovery, Time, RPM, Speed, Distance, Calories, Watt, Heart Rate and Resistance.
- With self generator system.
- 12 programs : 4 HRC, 3 goal, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- With heart rate receiver.
- Hand grips with pulse sensors.
- Counter balance pedals.
- With bottle holder.
- PU seat with adjustable height.
- Transport wheels.
- Maximum User Weight : 150 kg.
- LXWXH : 129X56X156 CM.



KH1020

COMMERCIAL UPRIGHT BIKE

SPECIFICATIONS

- LED display showing Pulse, Recovery, Time, RPM, Speed, Distance, Calories, Watt, Heart Rate and Resistance.
- With self generator system.
- 12 programs: 4 HRC, 3 goal, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- With heart rate receiver.
- Hand grips with pulse sensors.
- Counter balance pedals.
- With bottle holder.
- PU seat with adjustable height.
- Transport wheels.
- Maximum User Weight : 140 Kgs.
- LXWXH : 105X56X152 CM.



KH565

COMMERCIAL UPRIGHT BIKE

SPECIFICATIONS

Drive

- Two stage drive with poly V-belt.
- Resistance System : Self powered
- Resistance Level : 32 Levels

Monitor

- 7 window dot matrix LED display
- Display readouts : Time, Distance, Speed, Level, Calories, Pulse and Watts
- Various motivating programs for different workout requirements

Special Features

- The easy-to-operate seat for up and down position
- Walk-through design to get on / off easily
- Accessory tray with cup holder
- Adjustable resistance levels
- Aluminum upright beam
- Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- With easy moving wheels
- Built-in receiver
- Maximum User Weight: 150 kgs
- LxWxH : 111x56x148 cms



AB900

COMMERCIAL AIR BIKE

SPECIFICATIONS

- System : Fan drive.
- 1 manual + 12 built-in programs.
- Built-in wireless receiver.
- Transport wheels + Leverage adjustment.
- Big LCD with backlit.
- Quick buttons for interval program.
- Maximum user weight : 150 kg.
- LXWXH : 138X75X148 CM.



AB600

COMMERCIAL AIR BIKE

SPECIFICATIONS

- Heavy duty steel structure with 25" FAN.
- LCD monitor showing time, distance, speed, calories, watts, heart rate and interval settings.
- Transmission : Chain + V belt dry system.
- 4 way quick release seat adjustment.
- Universal ball joints provide stability and durability for long term workout.
- Transport wheels.
- Maximum user weight : 150 kg.
- LXWXH : 134X62X126.5 CM.



AB400

COMMERCIAL AIR BIKE

SPECIFICATIONS

- System : Fan drive
- 1 manual + 12 built-in programs
- Built-in wireless receiver
- Transport wheels + Aluminium pedals
- Big LCD screen with backlit
- Quick buttons for interval program
- Maximum use r weight: 150 kg.
- LxWxH : 129x59x122 cms



KH3010

COMMERCIAL GROUP BIKE

SPECIFICATIONS

- Ultra sturdy structure with heavy duty crank.
- 21 kgs stainless steel fly wheel.
- Fully adjustable GEL seat with sweat proof finish.
- 4 way adjustable handle bar.
- Resistance Levels : Variable linear increase.
- Side break system.
- SPD racing pedals.
- Transport wheels for easy movement.
- Maximum user weight : 180 kg.
- LXWXH : 119X53X105 CM.



KH2010

COMMERCIAL GROUP BIKE

SPECIFICATIONS

- Sturdy structure with 20 kgs stainless steel fly wheel.
- Fully adjustable GEL seat with sweat proof finish.
- Adjustable and ergonomic handle bar assist the most comfortable sitting.
- Resistance Levels : Variable linear increase.
- Punch break system.
- SPD racing pedals.
- Transport wheels for easy movement.
- Maximum user weight : 150 kg.
- LXWXH : 119X53X105 CM.



KH1710

COMMERCIAL GROUP BIKE

SPECIFICATIONS

- Ultra sturdy PATENTED design.
- New fully covered design making it sweat proof.
- Adjustable seat and handle.
- High quality ribbed belt with tension wheel driving system.
- Press type braking system.
- Maximum user weight : 150 kg.
- LXWXH : 219X96X160 CM.



KH155

COMMERCIAL GROUP BIKE

SPECIFICATIONS

- New fully covered design making it sweat proof.
- Adjustable seat and handle.
- With 16 kgs fly wheel.
- 2.5 mm tube thickness.
- High quality ribbed belt with tension wheel driving system.
- Press type braking system.
- Maximum user weight : 150 kg.
- LXWXH : 107X54X112 CM.



KH153

COMMERCIAL GROUP BIKE

SPECIFICATIONS

- Adjustable resistance.
- Dipping handle bar.
- With 20kgs flywheel.
- With adjustable seat.
- Computer functions : time, speed, distance, calories & pulse.
- Maximum User Weight 140 Kgs.
- LXWXH : 115X50X123 CM.



KH142

COMMERCIAL GROUP BIKE

SPECIFICATIONS

- Ultra sturdy with heavy duty crank.
- Fully adjustable Gel seat with sweat proof finish.
- With 18 kg flywheel.
- Adjustable handle bar with up & down position.
- High quality ribbed belt with tension wheel driving system.
- Press type braking system.
- Rust proof aluminum seat and handle tube.
- Maximum user weight : 150 kg.
- LXWXH : 107X58X112 CM.



AR900

VIVA '2' COMMERCIAL AIR ROWING MACHINE



SPECIFICATIONS

- System: FAN drive + Eddy Current.
- Resistance level : 12 levels.
- Resistance control on Knob adjustment.
- Built-in Wireless receiver.
- Transport wheels + Leverage adjustment.
- Single Aluminum Extrusion.
- LCD with Backlit.
- Max. user Weight 160 kgs.
- LXWXH : 259X53X125 CM.

AR700

COMMERCIAL AIR ROWER

SPECIFICATIONS

- Solid steel frame that folds up for easy storage.
- Air generated 10 levels resistance.
- High strength steel chain rowing strap for a smooth and quiet pull.
- Back-lit bright LCD monitor that displays all workout data.
- High quality contoured seat.
- Adjustable footrest with numbered setting
- Max. user weight: 160 Kgs.
- LXWXH : 241X62X111 CM.



SKI 2

SKI MACHINE

SPECIFICATIONS

- Durable and ergonomic construction.
- Can be either mounted on a wall or with specially designed anti-skid floor stand.
- Air generated 10 levels resistance.
- High strength light weight drive cord with strapless handles for secure grip.
- Back-lit bright LCD monitor that displays all workout data.
- Max. user weight: 160 Kgs.
- LXWXH : 128X62X216 CM.



TYRE FLIP

180

SPECIFICATIONS

- Starting resistance of 100 lbs.
- Plate loaded ability up to 40 additional pounds.
- 4 sounds reducing bumpers .
- 2 battle rope anchor points.
- 4 floor levelers.
- 8 floor mounting points.
- Weight of the tyre : 49 kgs.
- Weight of the machine : 145 kgs.
- LXWXH : 164X124X60 CM.



INFINITY

TRAINER

SPECIFICATIONS

- Unique machine with variety of exercises possible.
- Heavy duty stainless steel base.
- Dimensions : 220x135x162 cms
- Weight : 160 kgs



KH6060

STEPMILL

Durable peddle and chain design



Smart quick & program keys



Easy reach handle bar



Powerful 2 HP AC motor drive system



SPECIFICATIONS

- Console : LED dot-matrix display.
- Data readout : Level, calories, time, distance, speed etc.
- Program : Calories goal, marathon, random, hill, speed interval, fat burn, cardio, fitness training 5k / 10k, interval heart rate control, Intensive heart rate & manual.
- With water bottle holder & accessories tray.
- SPM level : 20 levels.
- With USB charging port.
- With O² generator.
- Max user weight : 180 kgs.
- LXWXH : 156X100X214 CM.



KH4040 STEPMILL

SPECIFICATIONS

- Magnetic EMS system.
- Console : LED dot-matrix display
- Data readout : Speed level, calories, time, distance, steps etc.
- Program : Various motivating programs for different workout requirements.
- With water bottle holder.
- Max user weight : 150 kgs.
- LXWXH : 145X88X214 CM.



KH3030 LADDERMILL

SPECIFICATIONS

- Super heavy & strong frame with total weight of 400 kgs.
- Strong chain driven system.
- Comes with safety sensor for protection of user.
- Max user weight : 200 kgs.
- LXWXH - 168X98X195 cms.





VIVA[®]
FITNESS

#PushYourself

SIGNATURE SERIES UNIQUE FEATURES

Integrated weight stack tower that offers both safety environmental protection

304 stainless steel rotating shaft which is strong, durable and beautiful

PU moulded foam cushions - Environmentally friendly, comfortable and durable

High quality ϕ 4.8mm cable - smooth operation, high strength and long life

Select pin is made of 6063 aluminum for smooth, durable and noiseless movement. Surface oxidation red treatment

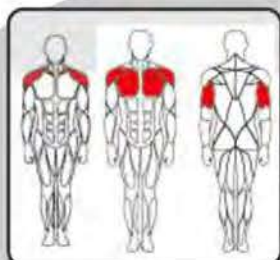
Stainless steel adjusting plate



PC2101

MULTI PRESS

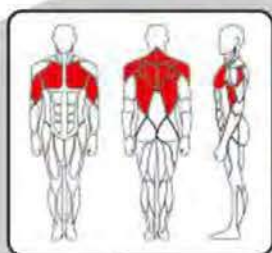
- LXWXH : 198X135X166 CM.
- Weight stack : 150 LBS.
- Optional weight stack : 270 LBS.



PC2102

LAT PULL / SEATED ROW

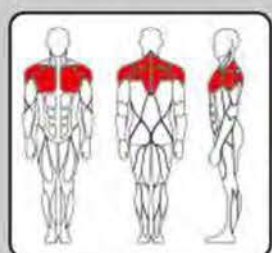
- LXWXH : 188X121X225 CM.
- Weight stack : 190 LBS.



PC2103

PEC FLY / REAR DELT

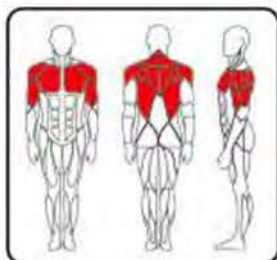
- LXWXH : 137X150X195 CM.
- Weight stack : 190 LBS.
- Optional weight stack : 220 LBS.



PC2104

DIP / CHIN ASSIST

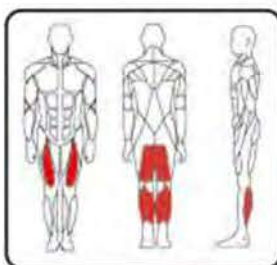
- LXWXH : 116X154X220 CM.
- Weight stack : 170 LBS.
- Optional weight stack : 220 LBS.



PC2105

LEG EXTENSION / LEG CURL

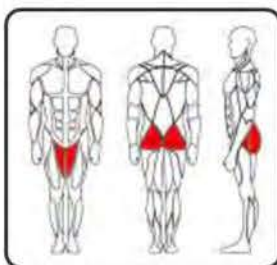
- LXWXH : 161X133X158 CM.
- Weight stack : 220 LBS.
- Optional weight stack : 290 LBS.



PC2106

HIP ABDUCTOR / ADDUCTOR

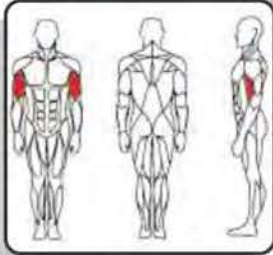
- LXWXH : 167X73X158 CM.
- Weight stack : 150 LBS.



PC2107

BICEP CURL / TRICEPS EXTENSION

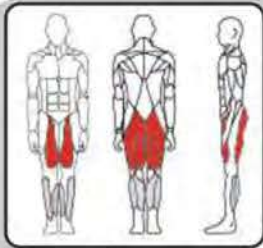
- LXWXH : 124X131X158 CM.
- Weight stack : 120 LBS.
- Optional weight stack : 220 LBS.



PC2108

LEG PRESS / CALF EXTENSION

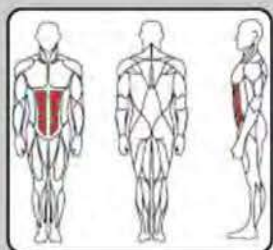
- LXWXH : 194X114X158 CM.
- Weight stack : 290 LBS.



PC2109

ABDOMINAL / BACK EXTENSION

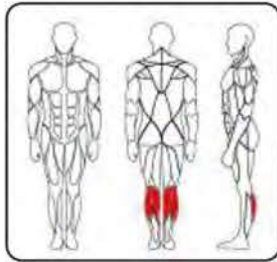
- LXWXH : 131X121X158 CM.
- Weight stack : 200 LBS.



PC2110

DEEP SQUAT / STANDING CALF EXTENSION

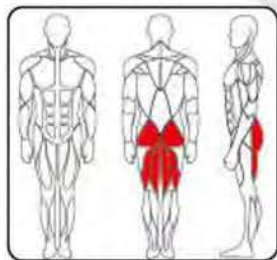
- LXWXH : 130X115X158 CM.
- Weight stack : 220 LBS.
- Optional weight stack : 270 LBS.



PC2111

ROTARY HIP

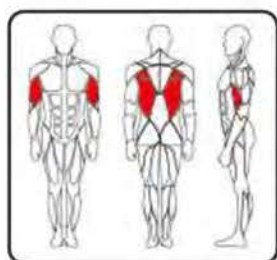
- LXWXH : 148X93X158 CM.
- Weight stack : 150 LBS.



PC2122

LAT PULLDOWN

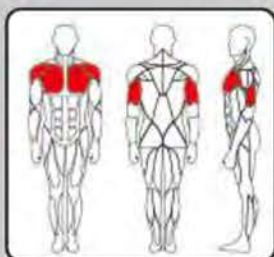
- LXWXH : 167X143X202 CM.
- Weight stack : 300 LBS.



PC2201

CHEST PRESS

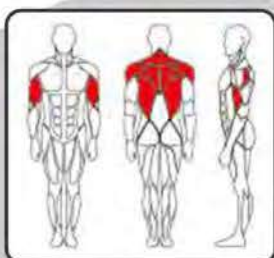
- LXWXH : 97X152X182 CM.
- Weight stack : 190 LBS.
- Optional weight stack : 240 LBS.



PC2202

SEATED ROW

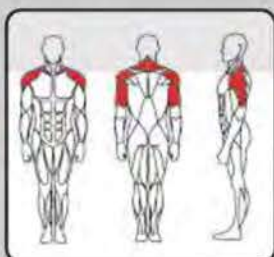
- LXWXH : 159X108X150 CM.
- Weight stack : 230 LBS.



PC2203

SHOULDER PRESS

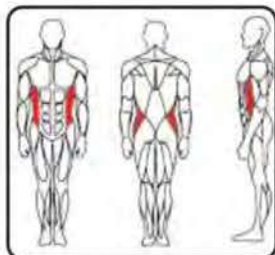
- LXWXH : 171X146X150 CM.
- Weight stack : 190 LBS.
- Optional weight stack : 240 LBS.



PC2204

TORSO ROTATION

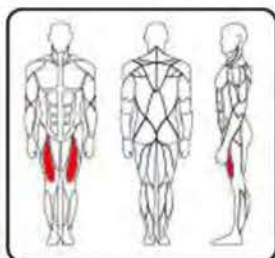
- LXWXH : 86X126X150CM.
- Weight stack : 120 LBS.



PC2205

LEG EXTENSION

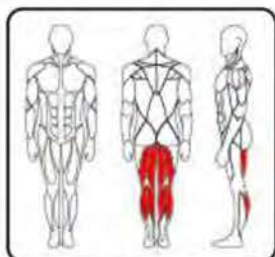
- LXWXH : 127X121X150 CM.
- Weight stack : 190 LBS.
- Optional weight stack : 230 LBS.



PC2206

SEATED LEG CURL

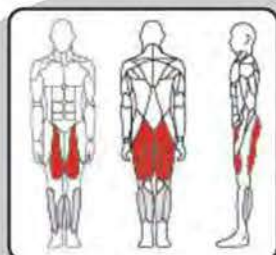
- LXWXH : 143X121X150 CM.
- Weight stack : 190 LBS.
- Optional weight stack : 230 LBS.



PC2211

SEATED LEG PRESS

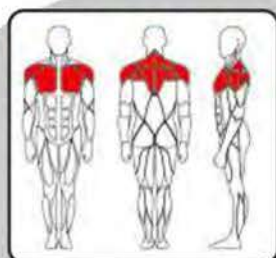
- LXWXH : 186X114X150 CM.
- Weight stack : 330 LBS.



PC2212

DELTOID TRAINER

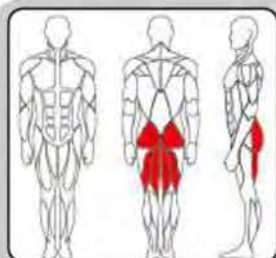
- LXWXH : 150X88X157 CM.
- Weight stack : 120 LBS.



PC2215

HIP TRAINER

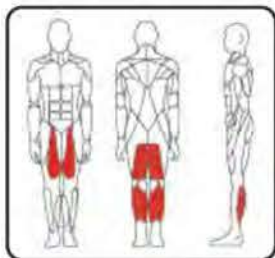
- LXWXH : 163X113X150 CM.
- Weight stack : 150 LBS.



PC2218

PRONE LEG CURL

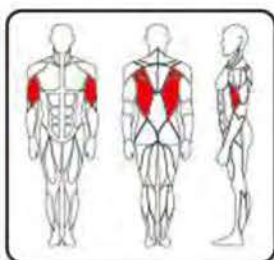
- LXWXH : 173X124X150 CM.
- Weight stack : 150 LBS.
- Optional weight stack : 230 LBS.



PC2222

LATERAL RAISE

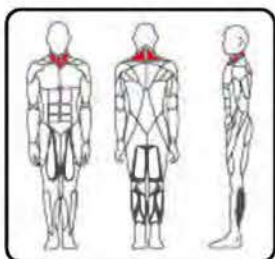
- LXWXH : 94X119X150 CM.
- Weight stack : 170 LBS.



PC2223

NECK BENDING MACHINE

- LXWXH : 168X88X158 CM.
- Weight stack : 200 LBS.



IT SERIES UNIQUE FEATURES

✧ Long lasting upholstery - 20mm thick plywood backing followed by 40mm thick foam core covered by industrial vinyl

✧ Aircraft spec 5mm American LOOS cable with 4,200 lb breaking strength. All fittings tested for 250,000 cycles using full weight stack.

✧ Easy-to-use seat with minimal adjustments and pre-stretched features optimal exercise positions.



✧ 3mm thick, 50mm by 100 mm racetrack tubing, electro-welded for maximum strength.
✧ Electrostatic powder coated and heat cured paint finish for maximum durability.

✧ Compact - space efficient design requires minimal floor space.
✧ Rubber grip prevent from being slipped.

IT9501

CHEST PRESS

- LXWXH : 148X120X150 CM
- Weight Stack : 200 lbs



IT9502

LAT PULLDOWN

- LXWXH : 143X138X188 CM
- Weight Stack : 295 lbs



IT9503

ARM CURL

- LXWXH : 130X121X150 CM
- Weight Stack : 160 lbs



IT9504

PECTORAL

- LXWXH : 150X146X150 CM
- Weight Stack : 200 lbs



IT9505

LEG EXTENSION

- LXWXH : 154X119X150 CM
- Weight Stack : 200 lbs



IT9506

SEATED LEG CURL

- LXWXH : 147X120X150 CM
- Weight Stack : 200 lbs



IT9508

ABDUCTOR / ADDUCTOR

- LXWXH : 155X90X150 CM
- Weight Stack : 160 lbs



IT9509

TOTAL HIP

- LXWXH : 130X98X150 CM
- Weight Stack : 200 lbs



IT9510

LEG PRESS

- LXWXH : 180X120X150 CM
- Weight Stack : 295 lbs



IT9512

SHOULDER PRESS

- LXWXH : 156X144X151 CM
- Weight Stack : 200 lbs



IT9514

ABDOMINAL

- LXWXH : 135X115X158 CM
- Weight Stack : 200 lbs



IT9515

PEC FLY / REAR DELT

- LXWXH : 166X129X200 CM
- Weight Stack : 200 lbs



IT9516

STANDING CALF

- LXWXH : 135X115X158 CM
- Weight Stack : 235 lbs



IT9517

TRICEP PRESS

- LXWXH : 179.4X126X150 CM
- Weight Stack : 200 lbs



IT9518

ROTARY TORSO

- LXWXH : 122X120X150 CM
- Weight Stack : 160 lbs



IT9519

VERTICAL ROW

- LXWXH : 144X114X150 CM
- Weight Stack : 200 lbs



IT9520

DIP / CHIN ASSIST

- LXWXH : 122X136X220 CM
- Weight Stack : 200 lbs



IT9521

PRONE LEG CURL

- LXWXH : 147X120X150 CM
- Weight Stack : 200 lbs



IT9522

LAT PULL / SEATED ROW

- LXWXH : 135X115X158 CM
- Weight Stack : 295 lbs



IT9524

LATERAL RAISE

- LXWXH : 122X121X150 CM
- Weight Stack : 200 lbs



IT9526

GLUTE

- LXWXH : 150X124X150 CM
- Weight Stack : 200 lbs



IT9528

LEG EXTENSION / LEG CURL

- LXWXH : 135X122X150 CM
- Weight Stack : 235 lbs



IT9529

MULTI PRESS

- LXWXH : 182 X143 X166 CM
- Weight Stack : 235 lbs



IT9533

BICEP CURL / TRICEP EXTENSION

- LXWXH : 130X124X150 CM
- Weight Stack : 200 lbs



IT9534

BACK EXTENSION /
ABDOMINAL

- LXWXH : 119X118X150 CM
- Weight Stack : 200 lbs



IT7001

COUNTER BALANCED
SMITH MACHINE

- LXWXH : 138X225X229 CM.



IT7002

SEATED PREACHER CURL

- LXWXH : 101X81X88 CM.



IT7003

AB BENCH

- LXWXH : 175X94X100 CM.



IT7004

STRETCH

- LXWXH : 129X56X90 CM.



IT7005

SEATED CALF RAISE

- LXWXH : 135X75X83 CM.



IT7006

45° LEG PRESS / HACK SQUAT

- LXWXH : 225X98X146 CM.



IT7007

MULTI
HYPER EXTENSION

- LXWXH : 121X73X93 CM.



IT7009

FLAT BENCH

- LXWXH : 115X90X42 CM.



IT7010

VERTICAL KNEE RAISE / DIP STAND

- LXWXH : 112X78X155 CM.



IT7011

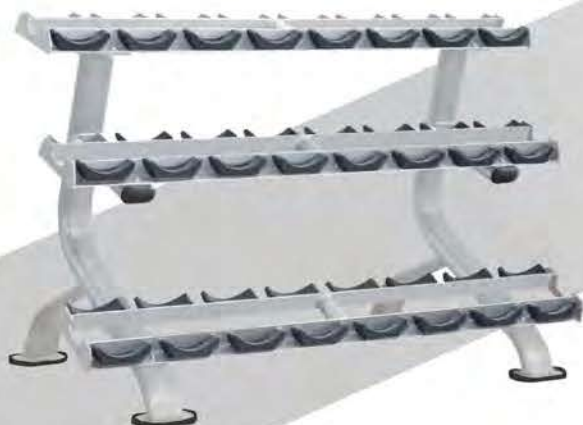
MULTI ADJUSTABLE
BENCH

- LXWXH : 121X75X46 CM.

IT7012

12 PAIRS DUMBBELL RACK

- LXWXH : 159X81X98 CM.



IT7013

MULTI AB BENCH

- LXWXH : 173X72X89 CM.



IT7014

OLYMPIC FLAT BENCH

- LXWXH : 170X166X137 CM.



IT7015

OLYMPIC INCLINE BENCH

- LXWXH : 163X165X137 CM.



IT7016

OLYMPIC DECLINE BENCH

- LXWXH : 210X166X137 CM.



IT7017

**OLYMPIC WEIGHT
TREE**

• LXWXH : 96X63X120 CM.



IT7018

DUMBBELL RACK

• LXWXH : 158X81X198 CM.



IT7022

UTILITY BENCH



IT7031

SHOULDER PRESS BENCH

• LXWXH : 135X113X165 CM.



IT7032

BARBELL RACK

• LXWXH : 96X71X108 CM.

BS SERIES UNIQUE FEATURES

✧ Long lasting upholstery - 20mm thick plywood backing followed by 40mm thick foam core covered by industrial vinyl

✧ Non absorbing PVC compound retained with aluminum collars

✧ Black painted steel weight plates with self-aligning low friction sleeves
✧ Magnetic color coded pin with coiled lanyard
✧ 5mm coated steel cable for smooth and secure performance
✧ Glass fiber reinforced nylon pulleys with deep V-groove that provides secured cable positioning and fluid bearing rotation



✧ 60mm x 120mm Heavy gauge flat oval steel tubing
✧ Electrostatic powder coated and heat cured paint finish for maximum durability

✧ Compact - space efficient design requires minimal floor space
✧ Rubber grip prevent from being slipped

BS008

LEG CURL/EXTENSION

- LXWXH : 132X138X153 CM.
- Weight stack : 220 LBS.



BS009

MULTI PRESS

- LXWXH : 197X153X153 CM.
- Weight stack : 220 LBS.



BS010

PULL DOWN/MID ROW

- LXWXH : 197X152X211 CM.
- Weight stack : 220 LBS.



BS011

PEC FLY/REAR DELT

- LXWXH : 179X114X202 CM.
- Weight stack : 220 LBS.



BS012

BICEPS CURL/TRICEPS PRESS

- LXWXH : 138X115X153 CM.
- Weight stack : 220 LBS.



BS013

ABDOMINAL/BACK EXTENSION

- LXWXH : 132X138X153 CM.
- Weight stack : 220 LBS.



BS015

LEG PRESS/CALF RAISE

- LXWXH : 187X118X153 CM.
- Weight stack : 220 LBS.



BS016

HIP ABDUCTION/ADDUCTION

- LXWXH : 157X94X153 CM.
- Weight stack : 220 LBS.



BS017

DIP / CHIN ASSIST

- LXWXH : 188X123X215 CM.
- Weight stack : 220 LBS.



BS110

SMITH SQUAT COMBO

- LXWXH : 224X180X213 CM



BS120

LEG PRESS / HACK SQUAT

- LXWXH : 221X113X150 CM



BS130

FUNCTIONAL TRAINER

- LXWXH : 207X122X230 CM
- WEIGHT STACK : 220 LBS X 2



BS140

CABLE CROSSOVER

- LXWXH : 360X146X239 CM
- WEIGHT STACK : 220 LBS X 2



VIVA[®]
FITNESS

PushYourself



BEAST SERIES UNIQUE FEATURES

✧ Instructive - simple, step-by-step instructions and training tips help users get the most out of their exercise. Makes exercise easy and enjoyable

✧ Aesthetic looking bottle holder located at a convenient height.



WITH COUNTER

✧ Newly designed state of art frame to give ultimate strength to the machine.
✧ Tubing: 3mm, 50mm by 100mm race track tubing, electro-welded to maximum integrity.
✧ Color: metallic silver gray
✧ Finish: Powder-coated painting color for premium look and also for protection from rusting.

✧ Strong ABS cover for user safety and machine protection.

✧ Seats made from integrated foam to give perfect support and avoid de-shaping even after long use.

✧ Easy-to-use, minimal adjustments and pre-stretch features allow optimal exercise positions.
✧ Made from stainless tube to avoid rusting.

✧ Aircraft spec 5mm American LOOS cable with a 3,500 lbs breaking strength. End fittings tested to 200,000 cycles using full weight stack.
✧ Pure steel weight stacks.
✧ D: 106.2mm powerful nylon pulley in full alignment with cable for lifetime use.

✧ Compact - space efficient design requires minimal floor space.
✧ Rubber grip prevent from being slipped.

BEAST 1

CHEST PRESS

- LXWXH : 117X157X163 CM
- WEIGHT STACK : 200 LBS



BEAST 2

SHOULDER PRESS

- LXWXH : 144X156X163 CM
- WEIGHT STACK : 200 LBS



BEAST 3

INDEPENDENT ARM

- LXWXH : 106X153X163 CM
- WEIGHT STACK : 175 LBS



BEAST 4

TRICEP PRESS

- LXWXH : 168X135X163 CM
- WEIGHT STACK : 175 LBS



BEAST 5

MULTI PRESS

- LXWXH : 186X138X162 CM
- WEIGHT STACK : 200 LBS



BEAST 6

PEC FLY / REAR DELT

- LXWXH : 152X117X206 CM
- WEIGHT STACK : 200 LBS



BEAST 7

LAT PULL / SEATED ROW

- LXWXH : 193X113X219 CM
- WEIGHT STACK : 220 LBS



BEAST 8

LOW ROW

- LXWXH : 144X104X163 CM
- WEIGHT STACK : 175 LBS



BEAST 9

ASSISTED CHIN DIP

- LXWXH : 137X142X233 CM
- WEIGHT STACK : 200 LBS



BEAST 10

ABDOMINAL

- LXWXH : 131X128X163 CM
- WEIGHT STACK : 175 LBS



BEAST 11

ABDUCTOR / ADDUCTOR

- LXWXH : 144X148X163 CM
- WEIGHT STACK : 175 LBS



BEAST 12

SEATED LEG CURL

- LXWXH : 166X138X163 CM
- WEIGHT STACK : 175 LBS



BEAST 13

PRONE LEG CURL

- LXWXH : 173X6X131X163 CM
- WEIGHT STACK : 200 LBS



BEAST 14

LEG EXTENSION

- LXWXH : 151X138X163 CM
- WEIGHT STACK : 200 LBS



BEAST 15

LEG CURL / LEG EXTENSION

- LXWXH : 158X130X163 CM
- WEIGHT STACK : 200 LBS



BEAST 16

LEG PRESS

- LXWXH : 177X124X163 CM
- WEIGHT STACK : 220 LBS



BEAST 17

PRONE LEG CURL / EXTENSION

- LXWXH : 178X120X163 CM
- WEIGHT STACK : 200 LBS



BEAST 18

SMITH MACHINE

- LXWXH : 229X138X234 CM
- COUNTER BALANCED



BEAST 35

LATERAL RAISE

- LXWXH : 130X151X163 CM
- WEIGHT STACK : 200 LBS



BEAST 36

GLUTE MACHINE

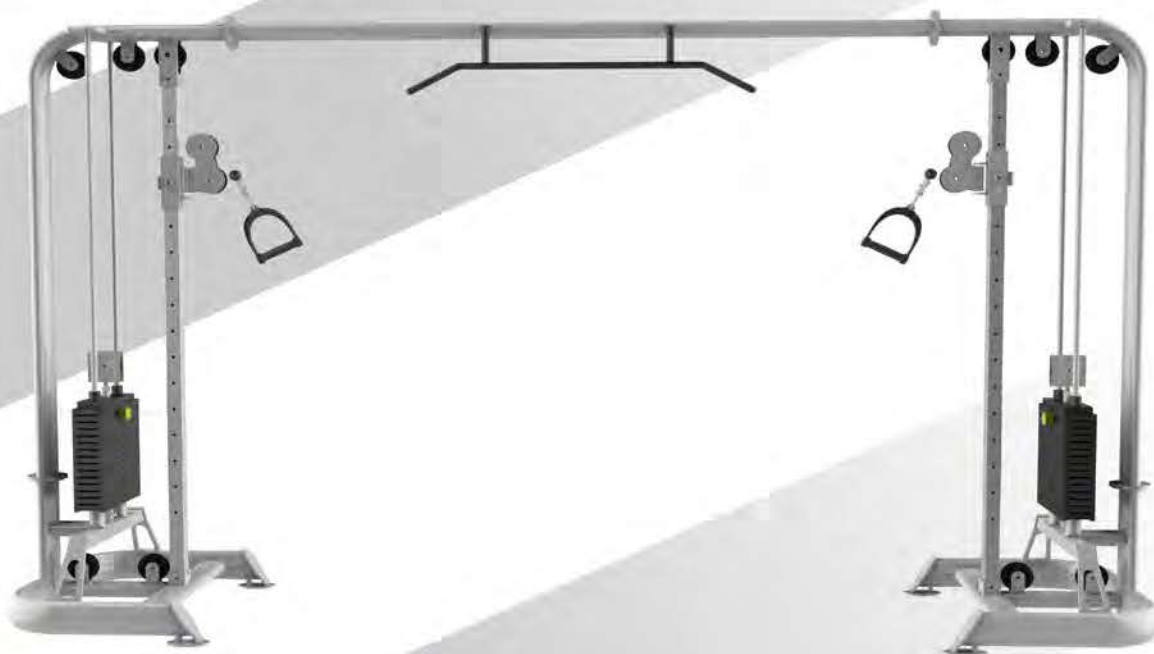
- LXWXH : 214X115X163 CM
- WEIGHT STACK : 220 LBS



BEAST 19

CABLE CROSSOVER

- LXWXH : 370X89X225 CM
- WEIGHT STACK : 200x2 LBS



BEAST 20

FUNCTIONAL TRAINER

- LXWXH : 153X97X147 CM
- WEIGHT STACK : 200x2 LBS



BEAST 21

OLYMPIC FLAT
BENCH

• LXWXH : 164X153X119 CM



BEAST 22

OLYMPIC INCLINE
BENCH

• LXWXH : 184X153X140 CM



BEAST 23

OLYMPIC
DECLINE BENCH

• LXWXH : 200X153X119 CM



BEAST 24

HYPER
EXTENSION

• LXWXH : 139X98X89 CM



BEAST 25

VERTICAL KNEE
RAISE

- LXWXH : 122X85X161 CM



BEAST 26

SEATED CALF

- LXWXH : 125X60X91 CM



BEAST 27

AB BENCH

- LXWXH : 182X99X103 CM



BEAST 28

STRETCH

- LXWXH : 135X49X100 CM



BEAST 29

ADJUSTABLE AB
BENCH

- LXWXH : 184X73X94 CM



BEAST 30

FLAT BENCH

- LXWXH : 146X73X447 CM



BEAST 31

MULTI ADJUSTABLE BENCH

- LXWXH : 143X59X44 CM



BEAST 32

UTILITY BENCH

- LXWXH : 108X53X90 CM



BEAST 33

STANDING PREACHER CURL

- LXWXH : 121X84X112 CM



BEAST 34

45° LEG PRESS

- LXWXH : 242X168X140 CM



BEAST 37

PLATE TREE

• LXWXH : 78X78X110 CM



BEAST 38

PREACHER CURL BENCH

• LXWXH : 97X71X101 CM



BEAST 39

KNEE CHIN DIP

• LXWXH : 112X147X230 CM



BEAST 40

DUMBBELL RACK

• LXWXH : 209X81X83 CM





VIVA[®]
FITNESS

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TP SERIES UNIQUE FEATURES

✧ Long lasting upholstery - 20mm thick plywood backing followed by 40mm thick foam core covered by industrial vinyl

✧ Made in Japan 6mm thick wire with maximum load capacity of 3000 LBS

✧ Easy-to-use seat with minimal adjustments and pre-stretched features for optimal exercise positions.

✧ 50x100mm flat oval tube strong steel structure
✧ Electrostatic powder coated and heat cured paint finish for maximum durability.

✧ Compact - space efficient design requires minimal floor space.
✧ Rubber grip prevent from being slipped.



TP-01

CHEST PRESS

- LXWXH : 155X150X163 CM.
- Weight stack : 220 LBS.



TP-02

SHOULDER PRESS

- LXWXH : 198X145X163 CM.
- Weight stack : 220 LBS.



TP-04

PEC FLY / REAR DELT

- LXWXH : 149X134X208 CM.
- Weight stack : 220 LBS.



TP-05

ARM CURL

- LXWXH : 136X116X163 CM.
- Weight stack : 175 LBS.



TP-07

LATERAL RAISE

- LXWXH : 134X132X163 CM.
- Weight stack : 220 LBS.



TP-08

PULLDOWN

- LXWXH : 172X158X183 CM.
- Weight stack : 220 LBS.



TP-13

LEG EXTENSION

- LXWXH : 132X122X163 CM.
- Weight stack : 220 LBS.



TP-14

SEATED LEG CURL

- LXWXH : 166X123X163 CM.
- Weight stack : 220 LBS.



TP-15

PRONE LEG CURL

- LXWXH : 163X112X163 CM.
- Weight stack : 220 LBS.



TP-16

LEG PRESS

- LXWXH : 198X122X163 CM.
- Weight stack : 264 LBS.



TP-22

ISO LONG PULL

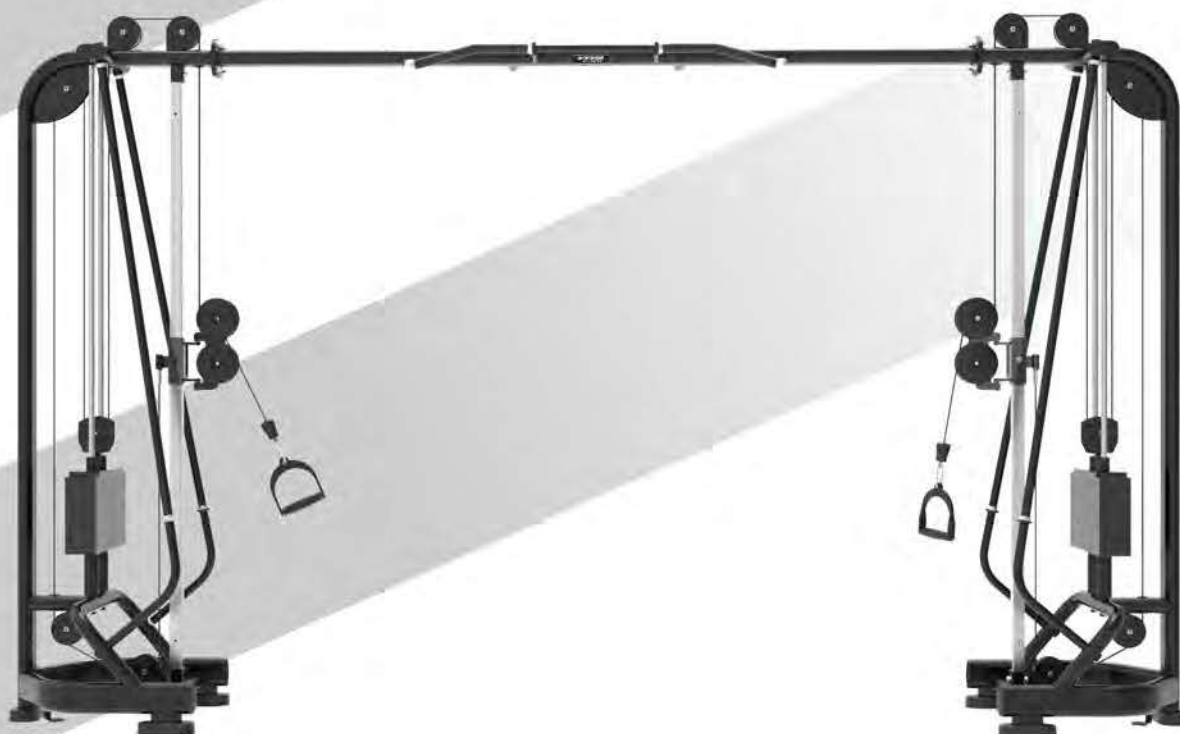
- LXWXH : 200X117X163 CM.
- Weight stack : 220 LBS.



TP-21

CABLE CROSSOVER

- LXWXH : 386X70X233 CM.
- Weight stack : 220 LBS X 2.



TP-23

FUNCTIONAL TRAINER

- LXWXH : 193X100X233 CM.
- Weight stack : 220 LBS X 2.



TP-24

DIP CHIN ASSIST

- LXWXH : 157X123X225 CM.
- Weight stack : 220 LBS.



TP-25

SEATED LEG CURL / EXTENSION

- LXWXH : 172X125X163 CM.
- Weight stack : 220 LBS.



TP-26

BICEPS / TRICEPS

- LXWXH : 152X119X163 CM.
- Weight stack : 175 LBS.



TP-27

ABDUCTOR / ADDUCTOR

- LXWXH : 145X133X163 CM.
- Weight stack : 175 LBS.



TP-28

PRONE LEG CURL / SEATED EXTENSION

- LXWXH : 126X186X163 CM.
- Weight stack : 220 LBS.



TP-29

MULTI PRESS

- LXWXH : 150X197X163 CM.
- Weight stack : 220 LBS.



TP-30

LAT PULL / SEATED ROW

- LXWXH : 186X167X218 CM.
- Weight stack : 220 LBS.



TP-32

MULTI HIP

- LXWXH : 120X106X163 CM.
- Weight stack : 220 LBS.



SELECT LINE UNIQUE FEATURES



BR01

CHEST PRESS

- LXWXH: 104X145X163 CM
- WEIGHT STACK : 220 LBS



BR02

SHOULDER PRESS

- LXWXH: 152X142X163 CM
- WEIGHT STACK : 220 LBS



BR04

PEC FLY / REAR DELT

- LXWXH: 124X142X180 CM
- WEIGHT STACK : 220 LBS



BR05

BICEP CURL

- LXWXH: 114X104X140 CM
- WEIGHT STACK : 190 LBS



BR07

LATERAL RAISE

- LXWXH: 107X94X140 CM
- WEIGHT STACK : 190 LBS



BR08

LAT PULLDOWN

- LXWXH: 137X84X226 CM
- WEIGHT STACK : 220 LBS



BR13

LEG EXTENSION

- LXWXH: 119X104X163 CM
- WEIGHT STACK : 220 LBS



BR14

SEATED LEG CURL

- LXWXH: 140X86X140 CM
- WEIGHT STACK : 220 LBS



BR15

PRONE LEG CURL

- LXWXH: 165X99X140 CM
- WEIGHT STACK : 220 LBS



BR24

DIP / CHIN ASSIST

- LXWXH: 118X113X221 CM
- WEIGHT STACK : 220 LBS



BR25

SEATED LEG CURL / LEG EXTENSION

- LXWXH: 140X86X140 CM
- WEIGHT STACK : 220 LBS



BR26

TRICEP / BICEP

- LXWXH: 114X104X140 CM
- WEIGHT STACK : 190 LBS



BR27

ABDUCTOR / ADDUCTOR

- LXWXH: 155X67X180 CM
- WEIGHT STACK : 190 LBS



BR28

PRONE LEG CURL / LEG EXTENSION

- LXWXH: 117X102X140 CM
- WEIGHT STACK : 220 LBS



BR29

MULTI PRESS

- LXWXH: 152X142X163 CM
- WEIGHT STACK : 220 LBS



BR30

LAT PULL / SEATED ROW

- LXWXH: 137X84X226 CM
- WEIGHT STACK : 220 LBS



BR33

BACK EXTENSION / ABDOMINAL

- LXWXH: 117X102X140 CM
- WEIGHT STACK : 190 LBS



BR34

BUTTERFLY

- LXWXH: 124X142X180 CM
- WEIGHT STACK : 220 LBS



BR35

ROWING MACHINE

- LXWXH: 132X86X180 CM
- WEIGHT STACK : 220 LBS



E5001

PRONE LEG CURL

- LXWXH: 152X99X135 CM
- WEIGHT STACK : 210 LBS



E5002

LEG EXTENSION

- LXWXH: 130X99X135 CM
- WEIGHT STACK : 240 LBS



E5003

SEATED LEG PRESS

- LXWXH: 190X110X162 CM
- WEIGHT STACK : 255 LBS



E5005

LATERAL RAISE

- LXWXH: 91X115X150 CM.
- WEIGHT STACK : 120 LBS



E5006

SHOULDER PRESS

- LXWXH: 185X122X132 CM
- WEIGHT STACK : 240 LBS



E5007

PEC FLY / REAR DELT

- LXWXH: 124X99X211 CM
- WEIGHT STACK : 240 LBS



E5008

CHEST PRESS

- LXWXH: 132X130X135 CM
- WEIGHT STACK : 240 LBS



E5009

DIP CHIN

- LXWXH: 155X137X236 CM
- WEIGHT STACK : 200 LBS



E5013

INCLINE CHEST PRESS

- LXWXH: 185X122X132 CM
- WEIGHT STACK : 240 LBS



E5023

SEATED LEG CURL

- LXWXH: 165X94X135 CM
- WEIGHT STACK : 240 LBS



E5030

BICEP CURL

- LXWXH: 119X89X135 CM
- WEIGHT STACK : 140 LBS



E5033

LONG PULL

- LXWXH: 282X109X236 CM
- WEIGHT STACK : 240 LBS



E5034

VERTICAL ROW

- LXWXH: 155X132X160 CM
- WEIGHT STACK : 210 LBS



E5035

LAT PULL DOWN

- LXWXH: 185X109X234 CM
- WEIGHT STACK : 240 LBS



E5084

MULTI PRESS

- LXWXH: 200X135X162 CM
- WEIGHT STACK : 240 LBS



E5088

ABDOMINAL / BACK EXTENSION

- LXWXH: 131X99X162 CM
- WEIGHT STACK : 240 LBS



E5086

LEG CURL /
LEG EXTENSION

- LXWXH: 140X120X162 CM
- WEIGHT STACK : 240 LBS



E5087

BICEP / TRICEP

- LXWXH: 140X120X162 CM
- WEIGHT STACK : 140 LBS



E5089

ABDUCTOR / ADDUCTOR

- LXWXH: 155X90X162 CM
- WEIGHT STACK : 210 LBS



E1080

AB COASTER

- LXWXH : 185X72X145 cm
- Maximum user weight : 150 kg.



E1082

AB COASTER

- LXWXH : 164x78x146 CM.
- Maximum user weight : 180 kg.



E3016

CABLE CROSSOVER

- LXWXH: 447X109X231 CM
- WEIGHT STACK : 220 LBS X 2



E1017

FUNCTIONAL TRAINER

- LXWXH: 105X176X225 CM
- WEIGHT STACK : 220 LBS X 2



E3036

FLAT BENCH

• LXWXH: 141X68X42 CM



E3037

ADJUSTABLE AB BENCH

• LXWXH: 164X68X99 CM



E3038

MULTI PURPOSE BENCH

• LXWXH: 106X68X90 CM



E3039

ADJUSTABLE BENCH

• LXWXH: 138X68X69 CM



E3041

OLYMPIC DECLINE BENCH

• LXWXH: 209X170X122 CM



E3042

OLYMPIC INCLINE BENCH

• LXWXH: 196X170X140 CM



E3043

OLYMPIC FLAT BENCH

• LXWXH: 174X170X122 CM



E3044

SEATED PREACHER CURL

• LXWXH: 113X84X88 CM



E3045

HYPER EXTENSION

• LXWXH: 121X89X67 CM



E3047

DIP / VERTICAL KNEE RAISE

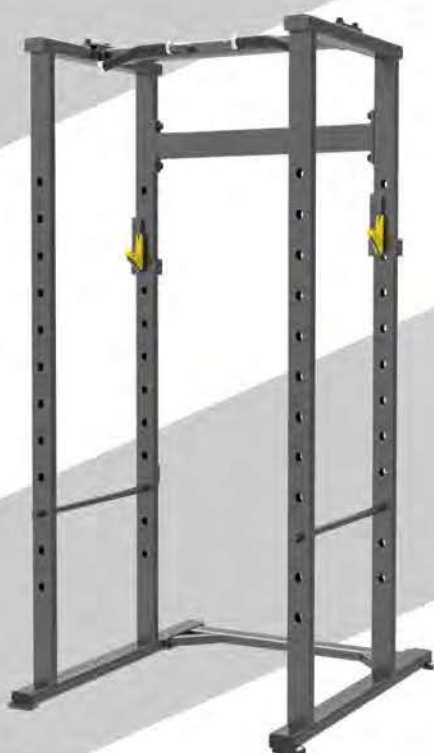
• LXWXH: 127X71X160 CM



E3048

POWER CAGE

• LXWXH: 157X124X234 CM



E3050

SQUAT RACK

• LXWXH: 173X170X178 CM



E3056

PLATE LOADED
LEG PRESS

• LXWXH: 221X63X135 CM



E3057

PLATE LOADED
HACK SQUAT

• LXWXH: 224X163X126 CM



E3061

T BAR

• LXWXH : 185x79x119 CM



E3062

SEATED CALF

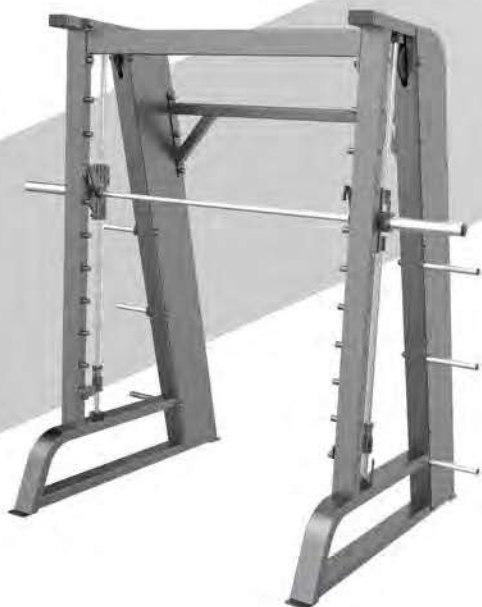
• LXWXH: 150X71X99 CM



E3063

SMITH MACHINE

- LXWXH: 142X221X236 CM
- COUNTER BALANCED



E3065

SUPER SQUAT

- LXWXH: 185X79X119 CM



E3077

DUMBBELL RACK

- LXWXH: 72X248X81 CM



E6233

WEIGHT PLATE BASE

- *LXWXH: 143X74X43 CM.



E3092

BOOTY MACHINE

- LXWXH: 201X163X147 CM.



A muscular Black man with long braids is sitting on a red gym machine, looking upwards with a determined expression. He is wearing a grey tank top with 'VIVA FITNESS' and '#PushYourself' printed on it, black pants with a red stripe, and red sneakers. The background is a gym setting with various equipment.

VIVA[®]
FITNESS

#PushYourself

SS01

CHEST PRESS

- LXWXH : 138X113X161 CM
- Weight Stack : 220 lbs



SS02

SHOULDER PRESS

- LXWXH : 140X135X161 CM
- Weight Stack : 220 lbs



SS03

BICEP CURL

- LXWXH : 117X119X161 CM
- Weight Stack : 175 lbs



SS04

TRICEP PRESS

- LXWXH : 146X123X161 CM
- Weight Stack : 220 lbs



SS05

MULTI PRESS

- LXWXH : 189X123X161 CM
- Weight Stack : 220 lbs



SS06

PEC FLY / REAR DELT

- LXWXH : 162X105X200 CM
- Weight Stack : 220 lbs



SS07

LAT PULL / SEATED ROW

- LXWXH : 151X142X226 CM
- Weight Stack : 220 lbs



SS08

LOW ROW

- LXWXH : 175X116X180 CM
- Weight Stack : 220 lbs



SS09

ASSISTED CHIN DIP

- LXWXH : 165X118X229 CM
- Weight Stack : 220 lbs



SS10

ABDOMINAL

- LXWXH : 120X112X161 CM
- Weight Stack : 175 lbs



SS11

ABDUCTOR / ADDUCTOR

- LXWXH : 155X131X161 CM
- Weight Stack : 175 lbs



SS12

SEATED LEG CURL

- LXWXH : 155X127X161 CM
- Weight Stack : 220 lbs



SS13

PRONE LEG CURL

- LXWXH : 169X115X161 CM
- Weight Stack : 220 lbs



SS14

LEG EXTENSION

- LXWXH : 134X127X161 CM
- Weight Stack : 220 lbs



SS15

SEATED LEG CURL / LEG EXTENSION

- LXWXH : 139X127X161 CM
- Weight Stack : 220 lbs



SS16

SEATED LEG PRESS

- LXWXH : 155X127X161 CM
- Weight Stack : 220 lbs



SS17

LAT PULL DOWN

- LXWXH : 124X142X224 CM
- Weight Stack : 220 lbs



SS18

ROTARY TORSO

- LXWXH : 131X107X161 CM
- Weight Stack : 175 lbs



SS19

BUTTERFLY

- LXWXH : 124X156X161 CM
- Weight Stack : 220 lbs



SS20

PRONE LEG CURL / LEG EXTENSION

- LXWXH : 115X113X161 CM
- Weight Stack : 220 lbs





VIVA[®]
FITNESS

#PushYourself

DFT601

PRONE LEG CURL

- LXWXH : 150x100x137 CM.
- Weight Stack:175 lbs.



DFT602

LEG EXTENSION

- LXWXH : 130x100x137 CM.
- Weight Stack:175 lbs.



DFT606

SHOULDER PRESS

- LXWXH : 185x125x137 CM.
- Weight Stack:220 lbs.



DFT607

PEC FLY / REAR DELT

- LXWXH : 125x100x210 CM.
- Weight Stack:220 lbs.



DFT608

CHEST PRESS

- LXWXH : 130x130x137 CM.
- Weight Stack:220 lbs.



DFT609

DIP CHIN MACHINE

- LXWXH : 155x137x236 CM.
- Weight Stack:175 lbs.



DFT616

CABLE CROSSOVER

- LXWXH : 335x110x235 CM.
- Weight Stack:220 LBS X 2.



DFT619

ABDOMINAL

- LXWXH : 120x100x137 CM.
- Weight Stack:175 lbs.



DFT623

SEATED LEG CURL

- LXWXH : 170x95x137 CM.
- Weight Stack:220 lbs.



DFT630

ARM CURL

- LXWXH : 114x94x137 CM.
- Weight Stack:175 lbs.



DFT633

LONG PULL

- LXWXH : 280x110x234 CM.
- Weight Stack:175 lbs.



DFT635

LAT PULL

- LXWXH : 185x110x234 CM.
- Weight Stack:220 lbs.



DFT690

BICEP / TRICEP

- LXWXH : 110X114X163 CM
- Weight Stack : 200 lbs



DFT691

LAT PULL / SEATED ROW

- LXWXH : 170X97X223 CM
- Weight Stack : 200 lbs



DFT692

LEG CURL / LEG EXTENSION

- LXWXH : 122X120X163 CM
- Weight Stack : 200 lbs



DFT693

ABDUCTOR / ADDUCTOR

- LXWXH : 157X88X163 CM
- Weight Stack : 200 lbs



DFT694

MULTI PRESS

- LXWXH : 157X88X163 CM
- Weight Stack : 200 lbs



DFT695

ABDOMINAL CRUNCH / BACK EXTENSION

- LXWXH : 108X104X163 CM
- Weight Stack : 200 lbs



DFT696

LEG / CALF PRESS

- LXWXH : 182X107X163 CM
- Weight Stack : 200 lbs



DFT636

FLAT BENCH

- LXWXH : 140x68x42 CM.



DFT637

MULTI AB BENCH

- LXWXH : 165x68x100 CM.



DFT638

UTILITY BENCH

- LXWXH: 106x68x90 CM



DFT639

ADJUSTABLE BENCH

- LXWXH : 138x68x69 CM.



DFT640

GLUTE HAM DEVELOPER (GHD)



DFT641

OLYMPIC DECLINE BENCH

- LXWXH : 210x170x125 CM.



DFT642

OLYMPIC INCLINE BENCH

- LXWXH : 196x170x140 CM.



DFT643

OLYMPIC FLAT BENCH

- LXWXH : 174x170x125 CM.



DFT644

SEATED PREACHER CURL

- LXWXH : 132x84x97 CM.



DFT646

TRIPLE STORAGE RACK

- Can store upto 12 barbells, 24 weight plates and 8 pcs kettle bell.

DFT645

HYPER EXTENSION BENCH

- LXWXH : 122x89x68 CM.



DFT647

VERTICAL KNEE RAISE / DIP STAND

- LXWXH : 127x70x96 CM.



DFT649

DUMBBELL RACK

- LXWXH : 72x25x80 CM.



DFT650

SQUAT RACK

- LXWXH : 173x170x180 CM.



DFT656

PLATE LOADING LEG PRESS

- LXWXH : 222x165x135 CM.



DFT657

PLATE LOADING HACK SQUAT

- LXWXH : 225x125x125 CM.



DFT661

T BAR

- LXWXH :185x80x120 CM.



DFT662

SEATED CALF

- LXWXH : 150x70x100 CM.



DFT663

SMITH MACHINE

- Counter Balanced.



DFT671/679

FUNCTIONAL TRAINER

- LXWXH : 162x117x235 CM.
- Weight Stack:220 LBS x 2.



DFT683

SUPER SQUAT

- LXWXH: 185X79X119 CM



DFT698

LEG PRESS / HACK SQUAT

- LXWXH : 208X92X149 CM



SL SERIES UNIQUE FEATURES

Easy to use, neat appearance, the SL line is a high quality commercial plate loaded series. The user-friendly design makes working out more simple, efficient, comfortable and satisfying.



SL7001

CHEST PRESS

- LXWXH: 194X137X171 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



SL7002

PULL DOWN

- LXWXH: 148X149X197 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



SL7003

SHOULDER PRESS

- LXWXH: 156X182X149 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs



SL7004

LOW ROW

- LXWXH: 176X145X165 CM
- MAX WEIGHT CAPACITY:300Kg/660Lbs.



SL7005

INCLINE CHEST PRESS

- LXWXH: 190X152X178 CM
- MAX WEIGHT CAPACITY: 300Kg/660Lbs.



SL7006

LEG PRESS

- LXWXH: 223X142X142 CM
- MAX WEIGHT CAPACITY: 400Kg/880Lbs.



SL7007

ROW

- LXWXH: 182X150X133 CM
- MAX WEIGHT CAPACITY: 300Kg/660Lbs.



SL7008

REAR KICK

- LXWXH: 168X123X164 CM
- MAX WEIGHT CAPACITY: 150Kg/330Lbs.



SL7009

OLYMPIC POWER RACK

- LXWXH: 203X145X228 CM



SL7010

PLATE RACK

- LXWXH: 89X63X122 CM



SL7011

FID BENCH

- LXWXH: 135X67X135 CM



SL7012

FID BENCH

- LXWXH: 155X67X135 CM



SL7013

GLUTE HAM BENCH

- LXWXH: 156X91X148 CM



SL7014

HALF RACK

- LXWXH: 139X175X244 CM



SL7016

DUMBBELL RACK

- LXWXH : 226X76X74CM



SL7017

SEATED CALF RAISE

- LXWXH: 146X77X85 CM
- MAX WEIGHT CAPACITY: 150 KG/330 LBS



SL7018

STANDING PREACHER CURL

- LXWXH : 114X86X102 CM



SL7019

INCLINE ROW

- LXWXH : 196X102X125 CM
- Maximum Weight Capacity : 150kg / 330 LBS



SL7020

45° LEG PRESS

- LXWXH : 250X187X154CM
- MAX WEIGHT CAPACITY:450Kg/990Lbs.



SL7021

HACK SQUAT

- LXWXH : 220X188X129CM
- MAX WEIGHT CAPACITY:400Kg/880Lbs



SL7022

UTILITY BENCH

- LXWXH : 119X63X82 CM.



SL7023

BICEP CURL

- LXWXH : 140X105X120 CM.
- MAX WEIGHT CAPACITY:300Kg/660Lbs.



SL7024

TRICEP DIP

- LXWXH : 173X158X120 CM
- MAX WEIGHT CAPACITY: 300 KG/660 LBS



SL7025

LEG EXTENSION

- LXWXH: 127X169X100 CM.
- MAX WEIGHT CAPACITY: 300 KG/660 LBS



SL7026

STANDING LEG CURL

- LXWXH : 140X104X120 CM
- MAX WEIGHT CAPACITY: 120 KG/264 LBS



SL7027

BARBELL RACK

- LXWXH : 95X91X161 CM



SL7028

FLAT BENCH PRESS

• LXWXH : 191X173X132 CM



SL7029

INCLINE BENCH PRESS

• LXWXH : 206X174X150 CM



SL7030

DECLINE BENCH PRESS

• LXWXH : 219X174X132 CM



SL7031

SHOULDER BENCH PRESS

• LXWXH : 172X126X192 CM



SL7032

STANDING CALF RAISE

- LXWXH : 162X138X173 CM
- MAX WEIGHT CAPACITY: 300 KG/660 LBS



SL7034

SQUAT

- LXWXH : 226X126X180 CM
- MAX WEIGHT CAPACITY: 400 KG/880 LBS



SL7035

FLAT BENCH

- LXWXH : 128X63X53 CM
- MAX WEIGHT CAPACITY: 400 KG/880 LBS



SL7036

ABDOMINAL

- LXWXH: 162X127X164 CM,
- MAX WEIGHT CAPACITY: 300 KG/660 LBS



SL7041

SUPER OLYMPIC BENCH

• LXWXH : 241X174X162 CM



SL7043

MULTI AB BENCH

• LXWXH : 172X63X91 CM



SL7042

MAGIC RACK / SMITH MACHINE

• LXWXH : 232X224X239 CM



SL7044

STRETCH MACHINE

• LXWXH : 157X63X126 CM



SL7045

VERTICAL KNEE RAISE / DIP STAND

• LXWXH : 119X77X136 CM



SL7046

ISO-LATERAL SUPER CHEST PRESS

• LXWXH : 250X174X162 CM



SL7047

HYPER EXTENSION BENCH

• LXWXH : 134X95X77 CM



JPL302

SHOULDER PRESS

- LXWXH : 129X128X146 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL303

CHEST PRESS

- LXWXH : 122X141X164 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL304

PULL DOWN

- LXWXH : 112X138X124 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL305

ROW

- LXWXH : 118X139X124 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL306

LOW ROW

- LXWXH : 120X122X163 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL307

LEG PRESS

- LXWXH : 145X210X135 CM
- MAX WEIGHT CAPACITY : 300Kg/660Lbs



JPL308

INCLINE CHEST PRESS

- LXWXH : 153X103X164 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL310

REAR KICK

- LXWXH : 111X143X164 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL312

TRICEP DIP

- LXWXH : 147X154X86 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL313

BICEP CURL

- LXWXH : 106X139X101 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL314

STANDING LEG CURL

- LXWXH : 144X117X142 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL315

LEG EXTENSION

- LXWXH : 124X126X117 CM
- MAX WEIGHT CAPACITY : 250Kg/550Lbs



JPL316

LINEAR LEG PRESS

- LXWXH : 270X157X150 CM
- MAX WEIGHT CAPACITY : 400Kg/880Lbs



JPL321

MULTI ADJUSTABLE BENCH

- LXWXH : 156X74X41 CM

JPL317

LINEAR LEG PRESS

- LXWXH : 270X157X150 CM
- MAX WEIGHT CAPACITY : 400Kg/880Lbs



JPL318

INCLINE PEC FLY

- LXWXH : 163X164X110 CM
- MAX WEIGHT CAPACITY : 250Kg / 550Lbs



JPL319

POWER RACK

- LXWXH : 204X116X228 CM



JPL320

CHEST PRESS / LAT PULLDOWN

- LXWXH : 215X169X203 CM
- MAX WEIGHT CAPACITY : 250Kg / 550Lbs



FL6002

PREACHER CURL BENCH

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 117X75X90 CM



FL6005

SEATED CALF RAISE

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 132X67X91 CM



FL6007

HYPER EXTENSION

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 125X68X90 CM



FL6009

FLAT BENCH

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 128X60X49 CM



FL6010

VERTICAL KNEE RAISE / DIP STAND

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 109X75X158 CM

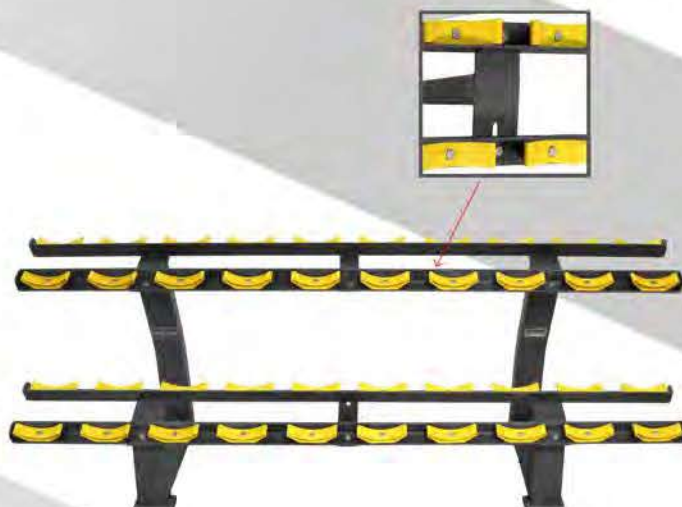


FL6011**MULTI ADJUSTABLE BENCH**

- Flat / Incline / Decline position
- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 158X54X135 CM

**FL6012****DUMBBELL RACK**

- Paint Finish : Electrostatic Powder Coating
- Unique adjustable Lower base in order to accommodate dumbbell of different sizes / types
- Pipe Size : 100x50x2.5 mm
- LXWXH : 208X53X81 CM

**FL6013****MULTI AB BENCH**

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 178X69X92 CM

**FL6014****OLYMPIC FLAT BENCH**

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 170X159X137 CM



FL6015**OLYMPIC INCLINE BENCH**

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 178X159X151 CM

**FL6016****OLYMPIC DECLINE BENCH**

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 195X159X137 CM

**FL6018****DUMBBELL RACK**

- Paint Finish : Electrostatic Powder Coating
- Pipe Size : 100x50x2.5 mm
- LXWXH : 200X51X80 CM

**FL6019****INCLINE T BAR**

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 188X99X122 CM

**FL6020****FID BENCH**

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 145X51X132 CM



FL6021

SUPER SQUAT

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 190X175X185 CM



FL6022

UTILITY BENCH

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 101X81X88 CM



FL6033

HALF RACK

- Paint Finish : Electrostatic Powder Coating
- Pipe Size : 100x50x2.5 mm
- LXWXH : 136X175X245 CM



FL6041

4 WAY OLYMPIC BENCH

- Unique Flat / Incline / Decline / Shoulder position
- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant leatherite
- Pipe Size : 100x50x2.5 mm
- LXWXH : 167X172X163 CM



IFHC

HALF CAGE

- This base system provides the ultimate in safety and exercise variety.
- Self spotting triple chromed bar racking system for safer free weight solo workouts.
- Includes multiple plate holders for convenient racking.
- Adjustable safety spotters accommodates:
- LXWXH : 118X182X209 CM.



IFHCS

HALF CAGE SMITH ATTACHMENT

- Optional for IF-HC.
- LXWXH : 195X30X173 CM.



IFSS

SQUAT STAND

- Self spotting triple chromed bar racking system for safer solo workouts.
- Angled uprights for better squat and bench exercises.
- Multiple plate holders for convenient storage.
- Adjustable safety spotters
- LXWXH : 123X128X174 CM.



IF45

45°HYPEREXTENSION

- Adjustable thigh pads for proper positioning and support.
- 45 degree angle for optimal results.
- Dual transport wheels for easy movement.
- LXWXH : 121X74X77 CM.



IFAAB

ADJUSTABLE ABDOMINAL BENCH

- Over sized bench padding for maximum comfort.
- Dual transport wheels for easy movement.
- LXWXH : 168X57X115 CM.



IFAC

ABDOMINAL CRUNCH

- Fixed decline angle for basic abdominal workout.
- LXWXH : 110X48X58 CM.



IFPT

POWER TOWER

- Contoured arm rests for secure positioning.
- Angled back pad for added comfort.
- Multiple grip positions for easy chin ups, dips, push ups and leg raise.
- LXWXH : 132X61X210 CM.



IFSPC

SEATED PREACHER CURL

- Bar catch design for easy re-racking.
- Adjustable oversized arm pad.
- LXWXH : 102X71X82 CM.



IFFB

FLAT BENCH

- Wide base for added safety.
- Dual rear transport wheels for easy movement.
- LXWXH : 130X53X49 CM.



IFFID

MULTI PURPOSE BENCH

- Dual rear transport wheels for easy movement.
- Quick and easy seat and back pad adjustments.
- Fully adjustable decline to shoulder press.
- LXWXH : 158X65X52 CM.



IFOB

OLYMPIC BENCH

- Excellent adjustable uprights.
- Expandable with drop in attachment. Options - IF-LEGA & IF-ARMA.
- Fully adjustable decline to shoulder press.
- LXWXH : 144X126X147 CM.



IFOFB

FLAT BENCH

- LXWXH : 153X131X127 CM



IFOIB

INCLINE BENCH

- LXWXH : 156X131X119 CM.



IFODB

DECLINE BENCH

- LXWXH : 190X131X115 CM



IFDB4

4FT HORIZONTAL DUMBBELL RACK

- For easy racking and unracking.
- Ideal for larger dumbbells sets.
- Can be converted into a 3 tier rack by adding IF-DB4A
- LXWXH : 137X47X87 CM.



IFDB4A

4FT DUMBBELL RACK 3RD TIER OPTION

- Optional for IF-DB4.
- LXWXH : 124X24X74 CM.



IFPTO

OLYMPIC PLATE TREE

- Unique design that optimises storage space.
- LXWXH : 84X83X111 CM.



ROBO ARM 22

- STURDY DESIGN
- Weight stack : 200lbs x 2
- LXWXH : 246X359X249 cm



ROBO ARM 2.0 ECO

- STURDY DESIGN
- Weight stack : 200lbs x 2
- LXWXH : 173X345X200 CM.



FTSM

FUNCTIONAL TRAINER CUM SMITH MACHINE

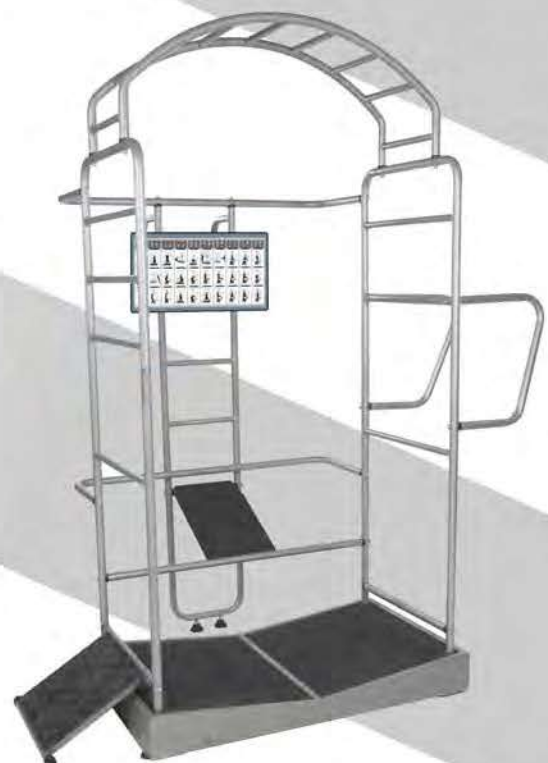
- STURDY DESIGN
- Heavy duty oval tube structure of size 50mm x 100mm.
- Tube thickness 2.5mm.
- Weight Stack of 80 Kg X 2
- LXWXH : 119X2224X222 CM .



KH309

STRETCH RACK

- STURDY DESIGN
- Ideal for stretching exercise
- LXWXH : 155X107X228 cms



KH211

FRONT LOADING PLATE TREE

- Durable commercial grade construction.
- Sturdy Frame.



KH212

DUAL TWISTER

- Durable commercial grade construction.
- With Double Ball Bearings.
- Ergonomically Designed Handles.
- LXWXH : 137X47X127 CM.



KH270

SQUAT PLATFORM

- Sturdy Design.



KH271

SISSY SQUAT

- Sturdy Design.



KH304

BARBELL RACK

- Sturdy Design
- LXWXH : 86X63X33 cms

KH275

WRIST CURL

- Sturdy Design.
- Weight Stack : 175 lbs



KH280

WRIST CURL

- Paint Finish : Electrostatic Powder Coating
- Seats : Tear resistant latherite
- Pipe Size : 100x50x2.5 mm
- Weight Stack : 88 LBS
- LXWXH : 47X62X100 CM



KH285

STANDING LATERAL RAISE

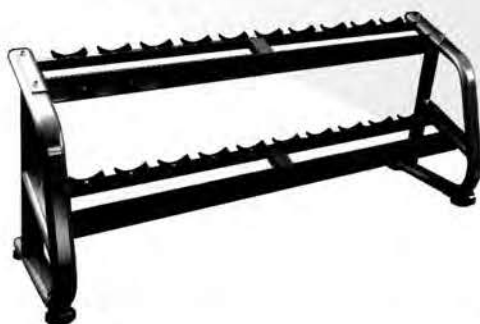
- Commercial Grade.
- Sturdy Frame.
- Weight stack : 130 LBS.
- LXWXH : 145X81X150 CM



KH305

DUMBBELL RACK

- Sturdy Design.
- LXWXH : 243X73X82.5 CM.



KH306

PLATE TREE

- Sturdy Design.
- LXWXH : 67X67X116 CM.



KH320

BICEP CURL STAND

- Commercial Grade.
- Sturdy Frame.
- Can store upto 6 Olympic hole plates.
- LXWXH : 122X46X73 CM



X50

PORTABLE SQUAT STAND

- Can be used as both for squats & bench press exercises.



X75

FID BENCH

- Durable commercial grade construction.
- Heavy duty frame structure.
- Options of flat, incline & decline position.
- Can be used for multiple exercises.



X100

MULTI PURPOSE BENCH

- Flat, incline & decline position
- With preacher curl attachment
- With leg extension & prone leg curl



X200

PLATE LOADED STRENGTH TRAINER

- DIMENSIONS : 175X170X220 CMS
- MAXIMUM WEIGHT LOADING CAPACITY : 120 KGS



X400

WALL MOUNTED FOLDABLE SQUAT RACK

- DIMENSIONS : 115X138X230 CMS
- MAXIMUM WEIGHT LOADING CAPACITY : 200 KGS



X500

HALF RACK

- DIMENSIONS : 126X180X232 CMS
- MAXIMUM WEIGHT LOADING CAPACITY : 200 KGS



X600

FUNCTIONAL RACK WITH LONG PULL

- DIMENSIONS : 154X170X232 CMS
- MAXIMUM WEIGHT LOADING CAPACITY : 120 KGS



X900

FTSM

- FUNCTIONAL TRAINER CUM SMITH MACHINE
- DIMENSIONS : 205X147X232 CMS
- WEIGHT STACK OF 80 KG X 2
- MAXIMUM WEIGHT LOADING CAPACITY : 200 KGS



SAVAGE

MULTI TRAINER

- FUNCTIONAL TRAINER CUM SMITH MACHINE CUM MULTI GYM
- DIMENSIONS : 180X219X227 CMS
- WEIGHT STACK OF 100 KG X 2
- MAXIMUM WEIGHT LOADING CAPACITY : 200 KGS



618LP ENDURANCE

HEAVY DUTY COMMERCIAL MULTI GYM

- State-of-the-art design with heavy duty steel structure
- 4 station gym with 3 steel weight stacks of 90 Kgs each
- Multiple Exercise Function – Leg press, Shoulder press, Chest press, Lat pull, Seated row and all high / low pulley exercises
- Comfortable seat pads
- All weight stacks attached at right angle for maximum space saving when placed in a corner
- Durable powder coated finish
- Arc cover for protection
- LXWXH : 269X239X216 CM



518BI KARIZMA

COMMERCIAL MULTI GYM

- 4 station gym with 2 weight stacks of 72 Kgs each.
- Exercise Function - Leg press, Leg extension, Chest press, Pec fly, Lat pull, Rowing, Knee raise, Push up stand etc.
- Durable power coated finish.
- Ergonomic Design / Scientific Biomechanics.
- Arc cover for protection.



418CA STAR

COMMERCIAL MULTI GYM

- Innovative design & ideal for corporate or society use.
- 6 station gym with 2 STEEL weight stacks of 70 Kgs each.
- Multiple Exercise Function - Leg extension, Leg press, Hi-Lo pulley, Tricep extension, Lat pull, Bicep curl, Pec Dec, Multi press, Abdominal crunch, Bicep curl, Bench press, Vertical knee raise, Chin up & Dips stand etc.
- Durable powder coated finish.
- Comfortable seat pads.
- Arc cover for protection.
- LXWXH : 332X244X230 CM.



318MG

MULTI GYM

- Innovative design and ideal for corporate & society use
- Multi station gym with 1 steel weight stacks of 90 Kgs.
- Multiple Exercise Function – Seated bench press, Row, Pull down, Chest clamp, Tricep push down, Standing abdominal curl, Leg extension, Standing leg curl, Standing bicep curl, Golf, Arm extension, Front raise & Shrugs.
- Durable powder coated finish
- Comfortable seat pads
- Arc cover for protection
- LXWXH : 213X150X213 CM



518LC CHAMPION

LIGHT COMMERCIAL MULTI GYM

- 4 station gym with 4 weight stacks of 68 Kgs each.
- Exercise Function - Leg press, Chest press, Leg extension, Pec fly, Lat pull, Bicep curl, Rowing etc.
- Durable power coated finish.
- Ergonomic Design / Scientific Biomechanics.
- LXWXH : 250X250X220 CM



418BA STELLA

LIGHT COMMERCIAL MULTI GYM

- Innovative design & ideal for corporate or society use.
- 5 station gym with 2 weight stacks of 90 Kgs & 65 Kgs each.
- Multiple Exercise Function -
Leg extension, Leg press, Hi-Lo pulley, Chin up, Lat pull, Bicep curl, Pec Dec, Multi press, Tricep extension, Abdominal crunch, Bicep curl, Bench press, Vertical knee raise etc.
- Durable power coated finish.
- Comfortable seat pads.
- Arc cover for protection.
- LXWXH : 332X240X230 CM.



IMPULSE ZONE

Customized Group Functional Training



TOP VIEW



X-SHAPE

PRODUCT DIMENSION
7489x3139x2446 (mm)
294.8x123.6x96.3 (in)

ENERGY 360

WITH ACCESSORIES

● LXWXH : 450X400X250 CM.



8 PCS TRX



9 METERS



MEDICINE BALL
5 SETS



2 PAIRS

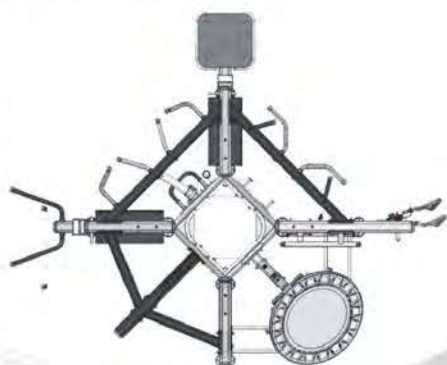


5 SETS





TOP VIEW



D-SHAPE

PRODUCT DIMENSION
3235x2855x2400 (mm)
127.3x112.4x94.4 (in)

SMART 360

- LXWXH : 225X240X258 CM.



WEIGHT LIFTING PLATFORM

- Extra heavy duty steel platform
- Platform size is 8'x6'
- Rubber tile thickness 30mm
- Board thickness 30mm
- Steel frame 50mm



WEIGHT LIFTING PLATFORM JUNIOR

- Heavy duty steel platform.
- Platform size is 8'x4'
- Rubber tile thickness 25mm
- Board thickness 20mm
- Steel frame 50mm



KH308 SUSPENSION TRAINING RACK

- Sturdy Design.
- LXWXH : 312X206X251 CM.



RUBBER COATED VIVA POWER FIXED BARBELLS WITH STRAIGHT AND CURL HANDLE BAR

- Made from high grade virgin rubber for long life.
- Dia 30mm and length 100cm.
- Tear proof, soundless & bouncy effect.

AVAILABLE SIZES
KGS
10
15
20
25
30
35
40



VIVA THERMO POWER SOLID DUMBBELLS

- Made from high grade thermoplastic rubber (TPR) for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
30
35
40
45
50

VIVA POWER SOLID DUMBBELL

- Made from high grade virgin rubber for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
27.5
30
35
40
45
50

BLUE CIRCLED DUMBBELLS

- Made from rubber for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
22.5
25
30
35
40

HEXAGON DUMBBELL

- Made from rubber for long life.
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES
KGS
2.5
5
7.5
10
12.5
15
17.5
20
25

COLOURED

BUMPER PLATES

- Made from high quality rubber.

AVAILABLE SIZES

KGS

5

10

15

20

25



BLACK

BUMPER PLATES

- Made from high quality rubber.



AVAILABLE SIZES

KGS

5

10

15

20

25

VIVA FITNESS TPR

OLYMPIC HOLE PLATES

- Made from high grade thermoplastic rubber for long life.
- Tear proof, soundless & bouncy effect.

AVAILABLE SIZES

KGS

1.25

2.5

5

7.5

10

15

20

25



VIVA FORCE

OLYMPIC HOLE PLATES

- Made from high grade virgin rubber for long life.
- Tear proof, soundless & bouncy effect



AVAILABLE SIZES

KGS
1.25
2.5
5
7.5
10
15
20
25

COLOURED

RUBBER PLATES

- Available in both olympic & 29 mm hole
- Tear proof, soundless & bouncy effect.



AVAILABLE SIZES

KGS
1.25
2.5
5
7.5
10
15
20
25

NEOPRENE

KETTLE BELL



AVAILABLE SIZES

KGS
2
4
8
12
16
20
24
28
32

IR94088

STRONGMAN THICK BARBELL

- Unique 50 mm grip bar
- Hard chrome tempered alloy steel
- Max loading : 1600 lbs
- Length : 2.2 mtrs*Weight : 44 lbs



IR101

COMPETITION OLYMPIC BAR

- Hard chrome tempered alloy steel
- Max loading : 2000 lbs
- Length : 2.2 mtrs
- Handle shaft length : 1.31 meter
- Handle shaft Dia : 29 mm



IR94039

HEAVY DUTY OLYMPIC BAR

- Heat treatment grip bar
- Max loading : 1000 lbs
- Length : 2.2 mtrs



IR102

MULTI GRIP BAR

Size : 2.2 meter



IR94038

84" OLYMPIC BAR



IR94047

47" EZ CURL BAR



IR94052

72" OLYMPIC BAR



IR94048

48" OLYMPIC BAR



IR94051

60" OLYMPIC BAR



IR94083

56" OLYMPIC BAR



IR94045

OB20" OLYMPIC BAR



IR94025

14" REGULAR RUBBER
HANDLE HOLLOW BAR

• Matches our small hole rubber plates



IR94046

OLYMPIC TRICEP BAR



IR94065

OLYMPIC BAR COLLAR (STEEL)



IR94064

OLYMPIC BAR COLLAR (PLASTIC)



IR95069

NYLON LAT ROPE



IR94061

COLLAR



IR95017

38" SOLID LAT BAR



IR95015

48" SOLID LAT BAR



IR95021



IR95020

20" SOLID LAT BAR



IR95023



IR95022



IR95025



IR95024



IR95019



IR95026



IR95029



IR94084



IR95028



IR94089

OLYMPIC BAR PIVOT



IR103

ROPE TRAINER

- Unique cardio workout
- Adjustable resistance control



IR94090

T BAR HANDLE



POUND PAD



POWER SLED WITH TYRE

- Minimum storage space required.
- Multi-level grip positions.
- Full range of functional movements.
- Maximum load capacity : 400 kgs.



WEIGHT SLED HYPER

- Heavy metal Construction with Shoulder Harness
- Good for all Push Pull
- Drag Sports & Speed Training
- All Fold-able for Easy Transportation
- Dual side operational



WEIGHT SLED TRIO

- Heavy metal Construction
- Must for all Push Pull Drag Sports & Speed Training
- Good for all Push Pull
- Drag Sports & Speed Training
- All Fold-able for Easy Transportation
- Dual side operational

WEIGHT SLED MINI

- Metal Construction with Shoulder Hardness
- Must for all Push Pull Drag Sports & Speed Training
- Good for all Push Pull
- Drag Sports & Speed Training
- All Fold-able for Easy Transportation
- Dual side operational

FLIP TYRE

- Large Dia tyre made from pre-used rubber
- Develops Power and Strength
- Good for Functional Training
- FTU100 (100 kgs.)
- FTU70 (70 kgs)
- FTU50 (50 kgs)



A woman with dark hair in a ponytail is performing a Pilates exercise on a reformer machine. She is lying on her back with her knees bent and feet flat on the carriage. Her arms are extended upwards, and she is looking towards the camera with a slight smile. The background shows a bright studio with large windows and other reformer machines.

VIVA[®]
FITNESS

#PushYourself



Dimensions: L 229cm x W 80cm x H 218cm (Carriage W 62cm x H 62cm)

Weight: 165kgs

Features included: Reformer, Platform Extender, Stainless Steel Full Trapeze Tower, Pair of Fluffy Hand Straps, Horizontal Steel Cross Bar, Rehab Legs, Built-in Standing Platform, Sitting Box, Jumpboard, Pulley Rises, 8 x Additional Deluxe Springs

Specifications

- Adjustable Pulley Risers with swivel pulleys provide ergonomic angle of ropes
- Durable braided ropes with cleated rope-clamping system for easy access and adjustability
- Adjustable high-density padded headrest (3 positions) for neck support
- Removable high-density padded shoulder rests
- Padded double-loop straps provide 3 different grip configurations (hand/foot/sandal) for a wider range of Pilates exercises
- Wide high-density EVA foam Padded Carriage is soft but supportive
- Adjustable feet-anchor strap at base for stability and posture while performing additional exercises
- Beautiful hand-sanded European Maple wood Frame
- Commercial quality stainless steel Full Trapeze Tower with 16 carbine attachment point
- High-density EVA foam Padded Platform Extender is soft but supportive, converting the reformer carriage into a much larger stable platform for a range of additional trapeze exercises
- Padded stainless steel Push-Through Bar with heavy-duty nylon safety strap
- Beech Roll-Down Bar
- Beech Trapeze bar with heavy duty nylon foot strap
- 8 additional stainless steel deluxe springs
- 2 double-Loop Straps provide 3 different grip configurations (hand/foot/sandal) for a wider range of Pilates exercises
- One pair of deluxe fluffy hand straps
- One adjustable horizontal stainless steel crossbar with 2 carbine attachment points
- High-Set "Rehab" legs

Features

- The new premium 8-wheel "dual-angle treaded roller" system with high-quality bearings and stainless steel rails for whisper quiet operation and the smoothest carriage glide
- Five deluxe smooth springs, 2x green (light resistance) 2x yellow (medium resistance) 1 x red (hard resistance)
- Detachable padded jump board (included)
- Large Sitting box (included)
- Built-in standing platform (included)
- Quick-Release Adjustable foot bar with non-slip padding



Dimensions: L-226cm x W-61cm x H-198cm (Carriage Height 31cm)

Weight: 120kgs

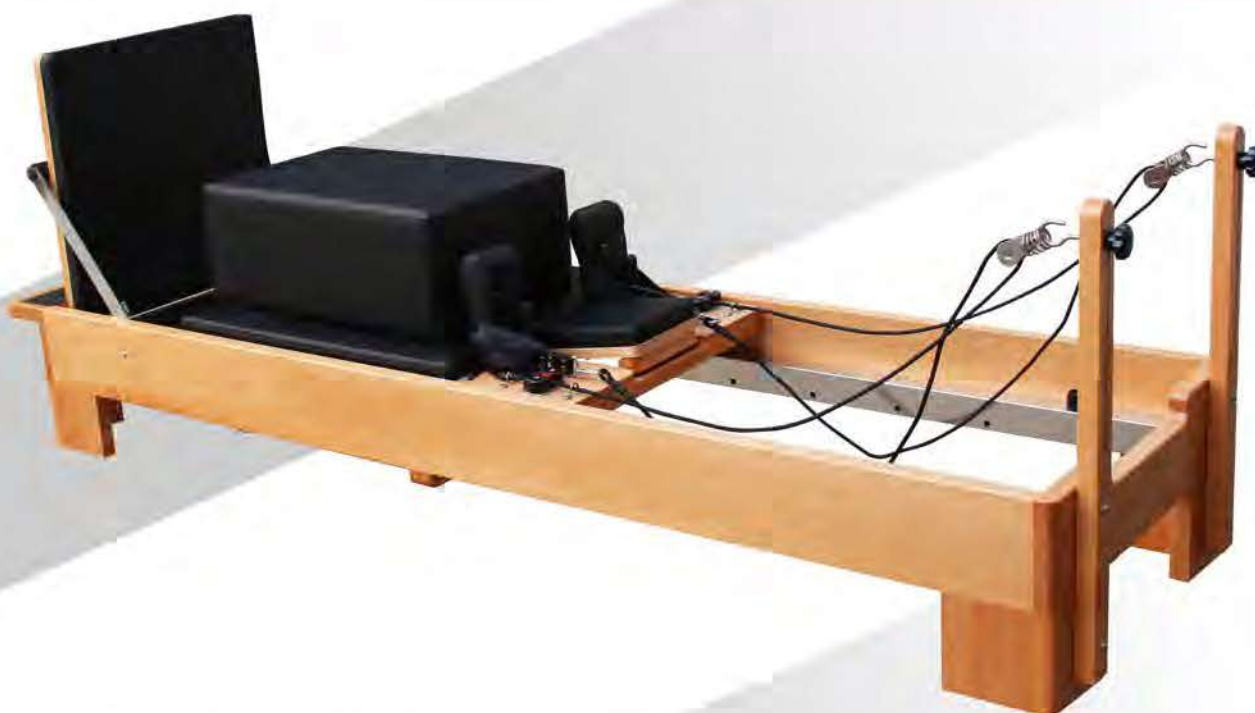
Features included: Reformer, Platform Extender, Stainless Steel Half Trapeze Tower, Built-in Standing Platform, Sitting Box, Jump-board, 6 x additional deluxe springs

Specifications:

- Adjustable Pulley Risers with swivel pulleys provide ergonomic angle of ropes
- Durable braided ropes with cleated rope-clamping system for easy access and adjustability
- Adjustable high-density padded head rest (3 positions) for neck support
- Removable high-density padded shoulder rests
- Padded double-loop straps provide 3 different grip configurations (hand/foot/sandal) for a wider range of Pilates exercises
- Wide high-density EVA foam Padded Carriage is soft but supportive
- Adjustable feet-anchor strap at base for stability and posture while performing additional exercises
- Beautiful hand-sanded European Maple wood Frame
- Stainless Steel Half Trapeze Tower with 11 carabine attachment points
- High-density EVA foam Padded Platform Extender is soft but supportive, converting the reformer carriage into a much larger stable platform for a range of additional trapeze exercises
- Padded stainless steel Push-Through Bar with heavy-duty nylon safety strap
- Beech Roll-Down Bar
- 6 additional soft-sheathed stainless steel deluxe springs (2 x Red Hard, 2 x Yellow Medium, and 2 x Long)
- 2 additional double-Loop Straps provide 3 different grip configurations (hand/foot/sandal) for a wider range of Pilates exercises

Features:

- The new premium 8-wheel "dual-angle treaded roller" system with high quality bearings and stainless steel rails for whisper quiet operation and the smoothest carriage glide.
- Five deluxe smooth springs, 2x green (light resistance) 2x yellow (medium resistance) 1 x red (hard resistance)
- Includes a Detachable padded jumpboard, Large Sitting Box, Built-in standing platform
- Quick-Release Adjustable foot bar with non-slip padding



Dimensions: L 238cm x W 69cm x H 32cm

Weight: 80 kg

Features included: Sitting Box, Standing Platform, Jumpboard, Commercial Grade Springs, 8 wheel dual angle treaded roller system, Quick Release Adjustable Foot Bar, Adjustable Foot strap, Pulley Rises, Sturdy Beechwood Frame, Optional Half Trapeze attachment

Description

The Studio Reformer offers extraordinary flexibility & versatility suitable for a vast range of body heights, sizes and abilities. This model is the most popular with Pilates teaching studios and physios as it is very sturdy and has lots of flexibility to cater for all exercises. Our Pilates equipment is manufactured from high-quality materials, built to the European safety standard CE and has been carefully crafted incorporating clever designs to simplify operator use. Standard options of our Pilates machines provide quick adjustments without lengthy operation.

Specifications:

- Adjustable Pulley Risers with swivel pulleys provide ergonomic angle of ropes
- Durable braided ropes with cleated rope-clamping system for easy access and adjustability
- Adjustable high-density padded headrest (3 positions) for neck support
- Removable high-density padded shoulder rests
- Double-loop straps provide 3 different grip configurations (hand/foot/sandal) for a wider range of Pilates exercises
- Wide high-density EVA foam Padded Carriage is soft but supportive
- Adjustable feet-anchor strap at base for stability and posture while performing additional exercises
- Beautiful hand-sanded Maple wood frame.

Features:

- The new 8-wheel "dual-angle treaded roller" system with high-quality bearings and stainless steel rails for quiet operation and the smoothest carriage glide
- Five deluxe smooth springs, 2x green (light resistance) 2x yellow (medium resistance) 1 x red (hard resistance)
- Detachable padded jump board (included)
- Large Sitting box (included)
- Built-in standing platform (included)
- Quick-Release Adjustable foot bar with non-slip padding

NJ-1004

LADDER BARREL

The Pilates Ladder Barrel is unique. It offer both active and passive back extension exercises. Of course as with all the pilates equipment it is designed to allow many other exercises to be performed.

The Pilates Equipment barrels are excellent for developing back strength and promoting trunk extension which is crucial to developing good posture.

Pilates Barrels utilize gravity rather than springs for resistance.



NJ-1005

WUNDA CHAIR

Popular in rehab, and studios, the Wunda Chair is finding its way into more and more homes, as more and more people are learning the value of low-impact resistance training.

Features include:

- Strong solid wood frame for sturdiness
- Beautiful multi-layered laminated wood with satin finish
- Comfortable high-density EVA foam padding with durable non-slip black vinyl
- 4x Medium Deluxe stainless steel springs
- Padded foot/hand pedals
- Two adjustable non-slip stainless steel stability handles



NJ-1006A

SPINE CORRECTOR

The Spine Corrector is the ultimate piece of equipment for aligning and mobilising the spine and can also contribute to an improved posture. As a diverse Pilates tool, it can also be used to perform exercises lengthening and strengthening the torso, shoulders, back and legs while correcting or restoring the spine's natural curvature.



OUR CLIENTS...

DLF
BUILDING INDIA

ireo
THE BIG MULTIPLIER

supertech
Years for Life

Ambuja Cement

LARSEN & TOUBRO

MACKENZIE
CAREERS

SYNOPSIS
Accelerating Innovation

Mahindra Satyam

UltraTech CEMENT
The Engineer's Choice

VLCC
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FOR MEN AND WOMEN

ZELA

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Why go anywhere else?

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SINO-SWISS HOTEL

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ओएनजीसी
ONGC

RAMADA INN

Rajpath Club Ltd.

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BARODA CRICKET ASSOCIATION

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SPA HIBISCUS

B

HYPE
THE GAM

karma
THE FITNESS STUDIO

Club Florence
wine • dine • good times

AFC
Amplified Fitness Centre

CLUB VERDE VISTA
by CONCLAVE

POLARIS
live your dream

APARNA
CONSTRUCTION

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Fitlifez

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CHUNDA PALACE

HINDUSTAN ZINC LIMITED

REVITAL GYM & SPA

Radisson BLU



WE DESIGN YOUR FITNESS PROJECT



GYM DESIGN

Our in-house professional design team create gym layout and propose interior schemes to maximise your investment potential in terms of user demand and diversity. Making the best use of available space and incorporating natural features, branding and equipment selection, these are visualized 2D and 3D format with full 3D-rendered animations also available.

A COMPLETE SOLUTION

With more than 16 years experience of running of our own gyms plus unrivalled business planning, operational and management experience, Viva Fitness has the know-how to plan & budget your project along with the hands-on management, qualified expertise and staffing resources to partner you every step of the way towards your ultimate success.

VIVATM
FITNESS
PUSH YOURSELF

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Bhubaneswar 751 001

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E mail: bodylinesports@gmail.com

Website: bodylinesports.co.in

BODY LINE

Inspiring Fitness