BODY LINE
Inspiring Fitness

# VF 8016 LATERAL RAISE

## SPECIFICATIONS :

- Independent Plate-Loaded Training with precision movement and independent arm motion for balanced, controlled workouts
- Heavy-Duty 3 mm Steel Construction using 65 × 114 mm racetrack tubing with electro-welded joints
- Premium Long-Lasting Upholstery featuring 15 mm plywood backing, 45 mm foam core, and industrial vinyl covering
- LxWxH: 143x106x125 cm

