

## OPTIMUM NUTRITION (ON) MICRONIZED CREATINE POWDER

### SPECIFICATIONS :

- It has 3 Grams of 100% Creatine Monohydrate per serving. Zero Calories & Zero Carbohydrates
- It is unflavoured and can be mixed with your favourite beverage with ease. Micronized for easy mixing
- It helps to support ATP recycling, supports athletic performance & power
- Add 3g (About 1 Scoop) of Micronized Creatine Powder to a protein shake or a glass of your favourite flavoured beverage. Mix it up with a spoon
- Tip: Power-up your protein, meal replacement, and weight-gainer shakes with 1 scoop of Micronized Creatine Powder
- Product should be tightly sealed after each and every use. Please store in a cool and dry place. Avoid direct sunlight

