

## OPTIMUM NUTRITION (ON) GOLD STANDARD 100% WHEY PROTEIN POWDER PRIMARY SOURCE ISOLATE

### SPECIFICATIONS :

- 24g blended protein consisting of whey protein isolate, whey protein concentrate, and whey peptides to support lean muscle mass.
- It has 5 grams of naturally occurring BCAAs and over 4 grams of glutamine and glutamic acid in each serving, which helps to build lean and strong muscles; Gluten Free.
- To be used before or after exercise, between meals, with a meal, or any time of day where you need extra protein in your nutrition
- Available in 450 g, 907 g, 2 kg and in delicious flavours.
- Direction: Add 1 scoop in 180-200 ml water for best results and have twice a day.
- Product should be tightly sealed after each and every use. To be stored in a cool and dry place and avoid direct sunlight.

