

## MUSCLETECH PLATINUM 100% GLUTAMINE

### SPECIFICATIONS :

- **Ultra-Pure Glutamine:** Platinum 100% contains a 5g dose of glutamine which works to rapidly replenish the glutamine used during training. It is the most abundant amino acid found in our blood.
- **Muscle Repair And Recovery:** Platinum 100% glutamine rapidly replenishes what is lost during training. One can lose 50% of their glutamine stores when trained intensely. Glutamine also helps support increased glycogen replenishment.
- **More Muscle Mass:** Glutamine helps support increased cell volume and protein synthesis. Protein synthesis gives you gains, shape and quick recovery after training like no other.
- **Perfect For Stacking:** Glutamine is tasteless and mixes instantly with any of your drinks. This is a non-stimulant formula that can be used day or night.

