

PUSH HANDS / SPINNER (4 SIDED)

SPECIFICATIONS :

Function:

- Train the wrists, elbows and shoulders joints; strengthen flexibility of the muscles group and the cardiopulmonary function.

Instructions:

- Hold the handle with both hands and turn the two wheels in the same or different directions simultaneously.

Specifications:

- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 1420x1140x1780 mm

